



Armada Network 5K Summer Series

(UKA license # 31079)

The Armada Network are once again organising a 5K (3.1 mile) series of timed runs on the second Wednesday of each month. This event is for runners of all abilities from the beginner up to the performance athlete looking for a fast time. Juniors are most welcome provided they are at least 11 on the day.

The venue will again be Saltram Park by kind permission of the National Trust.

Race dates: Wednesday 8th April 2026
 Wednesday 13th May 2026
 Wednesday 10th June 2026
 Wednesday 8th July 2026
 Wednesday 12th August 2026
 Wednesday 2nd September 2026

Run will start at 7pm (please register by 6.30pm)

No changing at Saltram - Registration near the Finish.
Toilets will be available near the House.

Entry fees are just £3.00 for all runners.
There are no prizes or medals. Entries will be accepted on the night (cash only).

Please enter on-line if possible via this link.

<https://forms.gle/VhKZjMZcw7qRHNQ78>

Or go to www.armadaathletics.co.uk

For further details call Keith Reed, on 07934373943