

Summer 5K Series
Saltram - Wednesday 11th May

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	263	Johnny Gilby	Plymouth Harriers	M	16.38
2	315	Ross Macdonald	Plymouth Musketeers	M	17.46
3	283	Daniel Westlake	Storm Plymouth	M	18.25
4	307	Isaac Lamerton	City of Plymouth AC	M	18.35
5	246	Charlotte Walker	Tavistock AC	F	19.24
6	316	Stuart Hall	DSFRS RC	M	19.27
7	299	Cleo Perry	Erme Valley Harriers	F	19.28
8	289	James Cartlidge	Plymouth Harriers	M	19.42
9	297	Pete Waumsley	Team H	M	19.50
10	259	Matthew Walkey	Plymouth Harriers	M	19.55
11	301	Ian Squires	City of Plymouth AC	M	20.02
12	244	David Morris	Plymouth Harriers	M	20.19
13	303	Sean Kavanagh	Plymouth Harriers	M	20.27
14	264	Andrew Trigg	Erme valley Harriers	M	20.31
15	260	Ian Lamerton	Plymstock Road Runners	M	20.35
16	273	Daniel Case	Plymouth Musketeers	M	20.36
17	281	Russell Gibson		M	20.53
18	290	Julian Ridgley	Taunton AC	M	20.56
19	261	Emma Lake	Erme Valley Harriers	F	21.22
20	280	Neil Squires		M	21.26
21	300	Chris Puertas		M	21.33
22	253	Jim Medhurst	Bere Alston Trekkers	M	21.46
23	310	Lee Burchall	Plymouth Harriers	M	21.51
24	252	Russ Mogridge	Erme Valley Harriers	M	21.54
25	308	Kieran Lamerton		M	21.57
26	240	Phoebe Timson	City of Plymouth AC	F	22.03
27	309	Isabella Trowell	Erme Valley Harriers	F	22.12
28	314	Matt Vosper	Plymouth Musketeers	M	22.13
29	241	Simon Swift	Erme Valley Harriers	M	22.20
30	286	Gavin O'Riley		M	22.22
31	258	Mike Crawford	City of Plymouth AC	M	22.26
32	268	David Engledew	Erme Valley Harriers	M	22.33
33	311	Suzie Spooner	Plymouth Harriers	F	22.38
34	298	Michael Wunderle		M	22.50
35	247	Hannah Walker	Tavistock AC	F	22.51
36	313	Darren Hughes		M	22.54
37	256	Claire Faithful		F	23.17
38	287	Aidan O'Riley		M	23.31
39	272	Michael Hockey	Plymouth Musketeers	M	23.55
40	249	Brendan Palmer	Storm Plymouth	M	24.00
41	255	Steve Waters		M	24.01
42	250	Sarah Hiron	Erme Valley Harriers	F	24.04
43	284	Colin Miller		M	24.09
44	242	Kate Medicott	Erme Valley Harriers	F	24.13
45	275	Phil Adderley	Erme Valley Harriers	M	24.23

46	282	Amanda Kemp		F	24.31
47	269	Alison Engledew	Erme Valley Harriers	F	24.49
48	276	Barrie Christian	plymouth musketeers	M	24.50
49	262	Anna Lake	Erme Valley Harriers	F	24.53
50	295	Tilly Blundell		F	25.12
51	291	Steven Carter	Plymouth Harriers	M	25.12
52	288	Michelle Cartlidge	Plymouth Harriers	F	25.44
53	285	David Bennett	Plymouth Musketeers	M	26.08
54	279	Ruth Terry	Erme Valley Harriers	F	26.19
55	317	Nancey Walker		F	26.20
56	265	Nick Fathers	Plymouth Musketeers	M	26.30
57	302	Anna Kelly	Tavistock AC	F	26.34
58	306	Maggie Lamerton	Plymouth Musketeers	F	26.38
59	254	Katy Mogridge	Erme Valley Harriers	F	26.40
60	243	Linda Bracher	Erme Valley Harriers	F	26.48
61	274	Francesca Walker		F	26.49
62	245	Sarah-Jane Sinclair	Plymouth Musketeers	F	27.10
63	251	Ian Markwick		M	27.18
64	294	Charlotte Carvell	Plymouth Musketeers	F	27.22
65	305	Natasha Duncan		F	27.47
66	270	Anita Chambers	Plymouth Musketeers	F	27.55
67	304	Pam Duncan		F	28.05
68	238	Geoffrey Honey	Plymouth Harriers	M	28.06
69	271	Dawn Dyer	Plymouth Musketeers	F	28.14
70	318	Maria Clarke		F	28.44
71	248	Hazel Walker	Tavistock AC	F	29.14
72	239	Michael Gorman	Plymouth Harriers	M	29.31
73	267	Rachel Nicholls		F	29.51
74	293	Sarah Mouat		F	29.51
75	296	Brenda Thorne	Instinctive Sports	F	30.06
76	277	Jon Rood		M	30.16
77	278	Craig Bradley		M	35.40
78	292	Bryan Short	Erme Valley Harriers	M	36.21
79	266	David Pitcher	Tamar Trotters	M	38.03