

Summer 5K Series
Saltram - Wednesday 13th April

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	307	Alex Peyton-Jones	Tavistock Run Project	M	17.58
2	257	James Wickett	Plymouth Harriers	M	18.04
3	315	Isaac Lamerton	City of Plymouth AC	M	18.13
4	342	Graham Bale	Plymstock Road Runners	M	18.40
5	343	Scott Mansfield	Plymouth Musketeers	M	18.45
6	282	Finley Squires	City of Plymouth AC	M	18.57
7	268	Nikki Kelly	Tavistock AC	F	19.05
8	254	Sean Childs	Royal Navy AC	M	19.15
9	244	Charlotte Walker	Tavistock AC	F	19.48
10	323	Stuart Hall	DSFRS RC	M	19.51
11	273	Ollie Parker	Plymouth Harriers	M	19.54
12	305	Jeremy Westmore		M	20.00
13	283	Ian Squires	City of Plymouth AC	M	20.02
14	293	Matthew Walkey	Plymouth Harriers	M	20.15
15	249	David Morris	Plymouth Harriers	M	20.22
16	288	Sean Kavanagh	Plymouth Harriers	M	20.33
17	250	Daniel Case	Plymouth Musketeers	M	20.44
18	251	James Cartlidge	Plymouth Harriers	M	20.50
19	263	Daniel Baugh	Storm Plymouth	M	20.57
20	285	Andrew Trigg	Erme Valley Harriers	M	21.11
21	259	Richard Dale		M	21.16
22	266	Emma Lake	Erme Valley Harriers	F	21.26
23	260	Neil Squires		M	21.40
24	269	Dominic Hodge	Plymouth Harriers	M	21.41
25	334	Russ Mogridge	Erme Valley Harriers	M	21.54
26	277	Simon Swift	Erme Valley Harriers	M	22.04
27	338	Isabella Trowell	Erme Valley Harriers	F	22.23
28	333	Joshua Jones		M	22.26
29	306	Matthew Jeffery		M	22.39
30	300	Suzie Spooner	Plymouth Harriers	F	22.52
31	245	Hannah Walker	Tavistock AC	F	23.03
32	284	James Newman	Plymouth Musketeers	M	23.10
33	255	Sarah Hiron	Erme Valley Harriers	F	23.24
34	240	Fred Jenkins	Instinctive Sports	M	23.38
35	312	Benjamin Marriott	East Cornwall Harriers	M	23.42
36	313	Aidan O'Riley		M	23.43
37	281	Sarah Robinson	Plymouth Musketeers	F	23.56
38	301	Neil Turnham	Instinctive Sports	M	24.07
39	252	Alison Engledew	Erme Valley Harriers	F	24.12
40	275	Steve Jones		M	24.14
41	286	Ken Summers	Erme Valley Harriers	M	24.18
42	265	Anna Lake	Erme Valley Harriers	F	24.37
43	309	Guy Boswell	Plymouth Musketeers	M	24.38
44	247	Brendan Palmer	Storm Plymouth	M	24.46
45	287	Mark Peckings		M	24.54
46	324	Hayley Marriott	East Cornwall Harriers	F	24.59
47	289	Kate Medicott	Erme Valley Harriers	F	25.15
48	256	Ruth Terry	Erme Valley Harriers	F	25.20
49	328	Sallie Brennan		F	25.21
50	321	Rachel Cox		F	25.24
51	335	Steve Bree		M	25.26
52	295	Simon Barrett	Instinctive Sports	M	25.28

53	270	Richard Lane	Erme Valley Harriers	M	25.39
54	336	Dean Trice	Plymouth Musketeers	M	25.53
55	271	Lindsay Lane	Erme Valley Harriers	F	26.00
56	316	Maggie Lamerton	Plymouth Musketeers	F	26.02
57	340	Nancey Walker		F	26.04
58	298	Simon Pepper		M	26.14
59	296	David Bennett	Plymouth Musketeers	M	26.20
60	341	Paul Griffin	Instinctive Sports	M	26.23
61	276	Linda Bracher	Erme Valley Harriers	F	26.26
62	322	Sarah Mouat		F	26.29
63	326	Paul Colling	Plymouth Harriers	M	26.43
64	261	Stuart Riley	Plymouth Musketeers	M	26.50
65	317	Natasha Duncan		F	26.52
66	294	Louise Armitage	Plymouth Musketeers	F	26.54
67	337	Emma Alee	Plymouth Musketeers	F	26.56
68	267	Anna Kelly	Tavistock AC	F	27.07
69	248	Francesca Walker		F	27.20
70	302	Charlotte Carvell	Plymouth Musketeers	F	27.22
71	332	Alan Hockings	Plymouth Musketeers	M	27.33
72	304	Emma Withers	Lonely Goat RC	F	27.43
73	330	Emma Dunne	Plymouth Musketeers	F	27.52
74	344	Zoe Anning	Plymstock Road Runners	F	27.53
75	239	Geoffrey Honey	Plymouth Harriers	M	27.55
76	331	Samantha Turner	Plymouth Musketeers	F	28.10
77	339	Maria Clarke		F	28.15
78	345	Dean Barrett	Tamar Trotters	M	28.41
79	303	Raegan Leather	Plymouth Musketeers	F	28.49
80	320	Katie Greenough	Instinctive Sports	F	28.50
81	346	Colin Miller		M	28.55
82	347	Zoe Hopson		F	28.56
83	280	Jasmine Robinson	Plymouth Musketeers	F	29.00
84	327	Lisa Light	Plymouth Musketeers	F	29.17
85	243	Clare Smith	Erme Valley Harriers	F	29.17
86	278	Dawn Dyer	Plymouth Musketeers	F	29.29
87	279	Anita Chambers	Plymouth Musketeers	F	29.32
88	246	Hazel Walker	Tavistock AC	F	29.48
89	262	Dave Connell	Plymouth Harriers	M	29.53
90	311	Louise King	Plymouth Musketeers	F	30.17
91	299	Brenda Thorne	Instinctive Sports	F	30.23
92	297	George Barnicott		M	30.31
93	314	Gina O'Riley		F	30.35
94	325	Suzanne Jones	Instinctive Sports	F	30.53
95	290	Jon Rood		M	31.22
96	308	Beverley Nation	Instinctive Sports	F	31.29
97	258	Beth Dale	Plymstock Road Runners	F	32.03
98	274	Ailie Aviss-monro	Erme Valley Harriers	F	33.13
99	253	Sue Law	Erme Valley Harriers	F	33.14
100	319	Debbie Sutcliffe	Instinctive Sports	F	34.13
101	310	Karen Goss	Instinctive Sports	F	34.13
102	291	Craig Bradley		M	34.46
103	241	Deborah Cope		F	38.04
104	242	Kathleen Allen		F	38.04
105	264	Kathryn Weaver-Gore	Plymouth Musketeers	F	38.09
106	329	David Pitcher	Tamar Trotters	M	38.24
107	272	Nina Shillabeer	Plymstock Road Runners	F	38.27
108	292	Lisa Parr	Plymouth Harriers	F	39.42
109	238	Michael Gorman	Plymouth Harriers	M	39.44