

Summer 5K Series
Central Park, Plymouth - Wednesday 8th September

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	33	Jacob Landers	Tamar Trotters	M	16.43
2	318	Sam Swift	Erme Valley Harriers	M	17.11
3	406	Graham Bale	Plymstock Road Runners	M	19.06
4	282	Peter Allen	Royston Runners	M	19.12
5	441	Pete Waumsley		M	19.39
6	79	James Sinclair	Plymouth Musketeers	M	19.47
7	45	Daniel Westlake	Storm Plymouth	M	20.21
8	708	Matthew Grzenda	Plymouth Musketeers	M	20.30
9	170	Bella May	Erme Valley Harriers	F	20.35
10	634	Damian Dunne	Plymouth Musketeers	M	20.55
11	105	Ian Lamerton	Plymstock Road Runners	M	21.02
12	716	Josh Jones		M	21.33
13	625	Richard Dale		M	21.41
14	684	Iain McGregor		M	21.51
15	85	Guy Petersen	Tamar Trotters	M	21.59
16	377	Simon Swift	Erme Valley Harriers	M	22.20
17	440	Neal Humphreys	Corby AC	M	22.39
18	694	Isabella Trowell	Erme Valley Harriers	F	22.52
19	290	Charlene Matthews	Storm Plymouth	F	22.53
20	99	Mark Sinclair	Plymouth Musketeers	F	23.00
21	737	David Kilgore	Storm Plymouth	M	23.09
22	498	Zoe Chapman		F	23.22
23	665	Darren Hughes		M	23.54
24	38	Fred Jenkins	Instinctive Sports	M	24.36
25	246	Martin Jones	Storm Plymouth	M	24.49
26	611	Tilly Blundell		F	26.12
27	402	Michelle Cartlidge	Plymouth Harriers	F	26.20
28	154	Linda Bracher	Erme Valley Harriers	F	26.25
29	287	Alan Hockings	Plymouth Musketeers	M	26.51
30	233	Rachel May		F	26.57
31	140	Dawn Lamerton	Plymstock Road Runners	F	27.42
32	726	Maria Clarke		M	27.53
33	97	Sarah-Jane Sinclair	Plymouth Musketeers	F	28.08
34	600	Tina Coccaro		F	28.45
35	119	Colin Miller		M	28.46
36	22	Geoffrey Honey	Plymouth Harriers	M	28.49
37	130	George Barnicott	Plymstock Road Runners	M	29.08
38	258	Tarka Allison Knight		F	29.28
39	257	Jane Allison	Plymouth Harriers	F	29.28
40	394	Ryan York		M	29.44
41	235	Shelly Jones	Storm Plymouth	F	30.01
42	586	Vicki McAteer		F	30.16
43	680	Joshua Wood		M	31.04
44	679	Samuel Taylor		M	31.12
45	405	Bryan Short	Erme Valley Harriers	M	32.44

46	621	Beth Dale	Plymstock Road Runners	F	32.53
47	435	Bridget Privett		F	33.08
48	637	Marc Sculpher		M	33.11
49	404	Dawn Dixon	Storm Plymouth	F	33.24
50	647	Katie Cole		F	34.43
51	68	Ruth Graham	Erme Valley Harriers	F	36.03
52	183	Nina Shillabeer	Plymstock Road Runners	F	37.28
53	73	David Pitcher	Tamar Trotters	M	38.14
54	664	Abi Giovenco	Plymouth Harriers	F	40.58
55	151	Sean Gray	Plymouth Harriers	M	41.12
56	692	Cat Walters		F	44.05