

Summer 5K Series
Central Park, Plymouth - Wednesday 11th August

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	33	Jacob Landers	Tamar Trotters	M	16.45
2	215	Ross Macdonald	Plymouth Musketeers	M	17.49
3	406	Graham Bale	Plymstock Road Runners	M	18.33
4	450	Sebastian Broomfield		M	18.37
5	86	Scott Mansfield		M	18.50
6	441	Pete Waumsley	Team H	M	18.59
7	282	Peter Allen	Royston Runners	M	19.23
8	61	Melvyn Griffiths		M	19.57
9	45	Daniel Westlake	Storm Plymouth	M	20.25
10	320	Finlay Allen	Tamar Trotters	M	20.29
11	483	Matthew Grzenda	Plymouth Musketeers	M	20.30
12	105	Ian Lamerton	Plymstock Road Runners	M	20.37
13	219	Martin French	South West Vets AC	M	20.57
14	486	Tim Steere		M	21.10
15	85	Guy Petersen	Tamar Trotters	M	21.45
16	403	Gareth Logan	Les Croupiers	M	21.54
17	290	Charlene Matthews	Storm Plymouth	F	22.36
18	261	Dean Barrett	Tamar Trotters	M	22.44
19	90	Pille Pedmanson		F	23.13
20	177	Ben Smith		M	23.19
21	270	John Ainsworth	Tamar Trotters	M	23.27
22	54	Michael Hockey	Plymouth Musketeers	M	23.53
23	91	Eduardo Dias		M	24.44
24	479	Isabella Trowell	Erme Valley Harriers	F	24.53
25	38	Fred Jenkins	Instinctive Sports	M	24.55
26	328	Phil Adderley	Erme Valley Harriers	M	25.10
27	391	Charlie Crocker		M	26.02
28	401	Ben Hughes Jenkins		M	26.03
29	402	Michelle Cartlidge	Plymouth Harriers	F	26.12
30	188	Simon Barrett	Instinctive Sports	M	26.32
31	287	Alan Hockings	Plymouth Musketeers	M	26.35
32	66	Simon Pepper		M	27.43
33	258	Tarka Allison Knight		F	28.18
34	257	Jane Allison	Plymouth Harriers	F	28.19
35	130	George Barnicott	Plymstock Road Runners	M	28.54
36	331	Daniel Adderley	Erme Valley Harriers	M	29.17
37	22	Geoffrey Honey	Plymouth Harriers	M	29.52
38	404	Dawn Dixon	Storm Plymouth	F	30.14
39	339	Helen Parker	Plymouth Harriers	F	30.45
40	325	Carol Hansen	Erme Valley Harriers	F	31.08
41	271	Clare Ainsworth	Tamar Trotters	F	31.13
42	451	Bryan King	Plymouth Musketeers	M	32.11
43	467	Louise King	Plymouth Musketeers	F	33.27
44	387	Gerri Price	Plymouth Harriers	F	33.44
45	55	Samantha West	Plymouth Musketeers	F	34.11

46	405	Bryan Short	Erme Valley Harriers	M	35.23
47	336	Paul Randall	Plymouth Harriers	M	35.26
48	152	Hollie Baxter	Plymouth Harriers	F	35.30
49	383	Laurie Walker		M	36.07
50	73	David Pitcher	Tamar Trotters	M	37.38
51	183	Nina Shillabeer	Plymstock Road Runners	F	38.07
52	151	Sean Gray	Plymouth Harriers	M	40.03
53	159	Christine McGhee	Plymouth Harriers	F	40.04
54	172	Pat Tabenor	Plymouth Harriers	F	40.05
55	363	Leesa Pethick	Plymouth Harriers	F	46.41
56	344	Lisa Austin		F	49.59