

Winter 3K Series  
Central Park - Wednesday 13th March

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	64	Sam Yearling	Plymouth Harriers	M	10.08
2	37	John Cooper	Plymouth Harriers	M	10.14
3	34	Oliver Woodmason	City of Plymouth AC	M	10.29
4	83	Alex Peyton-Jones	Plymouth Harriers	M	10.32
5	92	Ryan Gibbons	Kent AC	M	10.41
6	52	Alan Ryder	Plymouth Musketeers	M	10.45
7	90	Luke Gibbons		M	10.52
8	36	Scott Mansfield	Plymouth Musketeers	M	10.58
9	66	Liam Hallows	Erme Valley Harriers	M	11.07
10	94	Graham Bale	Plymstock RR	M	11.08
11	7	Raymond Tew	Plymouth Harriers	M	11.15
12	102	Doogie McLaren		M	11.18
13	24	Lee Herbert	Plymouth Musketeers	M	11.21
14	13	Molly Shorey	City of Plymouth AC	F	11.28
15	78	Jackson Spry	Tamar Trotters	M	11.43
16	2	Pete Walmsley	Storm Plymouth	M	11.53
17	50	Samuel Crowe	Teignbridge Trotters	M	12.00
18	19	Daniel Case	Plymouth Musketeers	M	12.04
19	79	Matthew Grzenda	Plymouth Musketeers	M	12.05
20	16	Tom Kerr	Plymouth Harriers	M	12.16
21	86	Guy Petersen	Tamar Trotters	M	12.34
22	82	Jane Allison	Plymouth Harriers	F	12.36
23	77	Kieran Woodward	Plymouth Musketeers	M	12.40
24	99	Steve Mace	Storm Plymouth	M	12.48
25	87	Kelvin Coker	Storm Plymouth	M	12.57
26	33	Mat Penry	Plymouth Musketeers	M	13.00
27	95	Matthew Golding	City of Plymouth AC	M	13.05
28	65	David Webber		M	13.09
29	46	Benjamin Baldwin	UPAC	M	13.12
30	54	Glenn Wood	East Cornwall Harriers	M	13.17
31	40	Simon Ayres		M	13.28
32	89	Michael Cork	Plymouth Coasters	M	13.30
33	85	James Tucker	Plymstock RR	M	13.37
34	55	Imogen Rickard	Tamar Trotters	F	13.45
35	49	Brendan Palmer	Storm Plymouth	M	13.49
36	81	Gary Pope	Plymouth Musketeers	M	14.02
37	11	Claire Davidson	Tamar Trotters	F	14.04
38	32	Jim Medhurst	Bere Alston Trekkers	M	14.06
39	70	Richard Morton	Tamar Trotters	M	14.08
40	43	Phil Adderley	Erme Valley Harriers	M	14.15
41	12	Ruby Davidson	Tamar Trotters	F	14.41
42	73	Phil Bees	Plymouth Musketeers	M	14.51
43	97	Chloe Hoatson	Plymouth Musketeers	F	15.02
44	42	Adrian Colwill	UPAC	M	15.08
45	48	Emma Dunne	Plymouth Musketeers	F	15.12

46	58	Michael Organ		M	15.22
47	91	Lisa Light	Plymouth Musketeers	F	15.25
48	59	Nancy Walker		F	15.28
49	98	Edward Trenham-Nash	Tamar Trotters	M	15.31
50	56	Rodney Hillebrandt	Plymouth Musketeers	M	15.32
51	57	Dean Trice	Plymouth Musketeers	M	15.36
52	27	Glen Harling	Plymouth Harriers	M	15.45
53	44	Daniel Adderley	Erme Valley Harriers	M	15.53
54	28	Lucy Stoneman	Tamar Trotters	F	15.54
55	74	Michelle Cartlidge	Plymouth Harriers	F	15.57
56	67	Sean Hallows		M	16.05
57	60	Lynn Low	Plymouth Musketeers	F	16.06
58	39	James Child	Tamar Trotters	M	16.21
59	51	Carol Hansen	Erme Valley Harriers	F	16.25
60	71	Henry Lambert-Gorwyn	Tamar Trotters	M	16.32
61	14	Geoffrey Honey	Plymouth Harriers	M	16.34
62	20	Claire Herbert	Plymouth Musketeers	F	16.50
63	18	Shannon Bays	Plymouth Coasters	F	17.14
64	76	Vicky Sibley	Plymouth Harriers	F	17.16
65	53	Susan Rich	Plymouth Musketeers	F	17.42
66	93	Louise King	Plymouth Musketeers	F	18.22
67	84	Bryan Short	Erme Valley Harriers	M	18.52
68	41	Caitlin Wood	Tamar Trotters	F	18.53
69	68	Helen Childs	Storm Plymouth	F	18.54
70	69	Daniel Childs	Storm Academy	M	18.55
71	4	Melanie Pedrick	Plymouth Harriers	F	18.57
72	26	Carole Wardle	Plymouth Musketeers	M	19.12
73	1	Darren Williams	Plymouth Musketeers	M	19.18
74	101	Lorraine Giles	Storm Plymouth	F	20.31
75	72	Dave Pitcher	Tamar Trotters	M	20.32
76	29	Sarah Edwards	Plymouth Musketeers	F	20.42
77	61	Gill Case	Plymouth Musketeers	F	20.47
78	75	Debbie Grosch-Squance		F	20.51
79	100	Helen Dunham	Storm Plymouth	F	20.57
80	17	Claire Pethick	Plymouth Musketeers	F	21.34
81	35	Lynn Jones	Plymouth Musketeers	F	21.38
82	3	Christine McGhee	Plymouth Harriers	F	21.43
83	25	Tracey Hayton	Plymouth Musketeers	F	22.53
84	10	Cathryn Bonney	Storm Plymouth	F	23.05
85	45	Simon Ashfold	Moorhaven RC	M	24.14
86	62	Nina Shillabeer	Plymstock RR	F	26.48
87	63	Richard Walters		M	26.55