

Winter 3K Series
Central Park - Wednesday 11th December

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	4	Matthew Bradley	COPAC	M	9.57
2	25	Bart Thomas	Tavistock AC	M	10.04
3	19	Rob Elphick		M	10.41
4	83	Ross Perkins	Storm Plymouth	M	10.54
5	91	Graham Bale	Plymstock RR	M	10.56
6	24	Pete Waumsley	Storm Plymouth	M	11.12
7	87	Matthew Grzenda	Plymouth Musketeers	M	11.37
8	11	Thomas Kerr	Plymouth Musketeers	M	11.43
9	43	Maddie Horton	Plymouth Harriers	F	11.46
10	65	Guy Petersen		M	12.11
11	56	Andy Newcombe	Erme Valley Harriers	M	12.23
12	67	Jane Allison	Plymouth Harriers	F	12.25
13	68	Damian Dunne	Plymouth Musketeers	M	12.38
14	84	Kevin Peart	Plymouth Harriers	M	12.44
15	3	David Kilgore	Storm Plymouth	M	12.51
16	29	Russ Mogridge	Erme Valley Harriers	M	12.58
17	2	Jim Medhurst	Bere Alston Trekkers	M	13.04
18	48	Steve Williams	Plymouth Harriers	M	13.09
19	94	Steve Mace	Plymouth Musketeers	M	13.14
20	77	James Tucker		M	13.16
21	50	Brennan Drewitt	Plymouth Musketeers	M	13.17
22	18	Richard Atkinson	Plymouth Harriers	M	13.21
23	71	Peter Henderson	Storm Plymouth	M	13.23
24	20	Brendan Palmer	Storm Plymouth	M	13.26
25	64	Sarah Robinson	Plymouth Musketeers	F	13.29
26	59	Simon Ayres		M	13.36
27	66	Kelvin Coker	Storm Plymouth	M	13.59
28	78	Gareth Tucker		M	14.04
29	13	Martin Head	Bere Alston Trekkers	M	14.07
30	26	Colin Palmer	Storm Plymouth	M	14.11
31	16	Colin Miller		M	14.15
32	32	Edward Trenan-Nash	Tamar Trotters	M	14.38
33	62	Phil Adderley	Erme Valley Harriers	M	14.38
34	98	Dave Westell		M	14.44
35	101	Nicola Lilley	Plymouth Harriers	F	14.45
36	60	Richard Lane	Erme Valley Harriers	M	15.00
37	51	David Church	Erme Valley Harriers	M	15.01
38	27	Amanda Nash		F	15.31
39	100	Chloe Hoatson	Plymouth Musketeers	F	15.44
40	35	Katy Mogridge	Erme Valley Harriers	F	15.46
41	54	Michael Cookson		M	15.47
42	61	Lindsay Lane	Erme Valley Harriers	F	15.55
43	70	Keith Cowling	Storm Plymouth	M	15.55
44	72	Emma Dunne	Plymouth Musketeers	F	16.01
45	73	Samantha Turner	Plymouth Musketeers	F	16.05

46	79	Lisa Birch	Bere Alston Trekkers	F	16.09
47	37	Rodney Hillebrandt	Plymouth Musketeers	M	16.23
48	81	Julie Page	Bere Alston Trekkers	F	16.26
49	1	Shannon Bays	Plymouth Coasters	F	16.34
50	17	Geoffrey Honey	Plymouth Harriers	M	16.36
51	82	Kayleigh Baugh	Storm Plymouth	F	16.49
52	85	Maria Clarke		F	17.12
53	42	Jasmine Robinson	Plymouth Musketeers	F	17.47
54	14	Jen Oatway	Plymouth Harriers	F	17.57
55	95	Natalie Harrison	Storm Plymouth	F	18.12
56	90	Rachel Turner	Storm Plymouth	F	18.47
57	89	Kim Watkins	Storm Plymouth	F	18.59
58	53	JC Farr	Storm Plymouth	M	19.00
59	12	Hilary Head	Bere Alston Trekkers	F	19.02
60	39	Louise Shalders	Plymouth Harriers	F	19.04
61	86	Dave Pitcher	Tamar Trotters	M	20.11
62	75	Andrew Martin	Tavistock AC	M	20.18
63	57	Emily Childs	Storm Plymouth	F	20.20
64	45	Dawn Childs	Storm Plymouth	F	20.21
65	58	Helen Childs	Storm Plymouth	F	20.22
66	69	Clare Collings	Storm Plymouth	F	20.23
67	76	Jane Martin	Tavistock AC	F	20.23
68	74	Debbie Grosch-Squance		F	21.02
69	34	Lisa Parr	Plymouth Harriers	F	22.10
70	41	Sandra Jones	Plymouth Harriers	F	22.25
71	40	Kathryn Weaver-Gore	Plymouth Musketeers	F	22.36
72	36	Lynn Jones	Plymouth Musketeers	F	22.37
73	97	Hollie Baxter	Plymouth Harriers	F	22.58
74	33	Pat Tabenor	Plymouth Harriers	F	23.03
75	7	Christine McGhee	Plymouth Harriers	F	23.03
76	55	Nina Shillabeer	Plymstock RR	F	23.49
77	93	Elaine Hill	Plymouth Harriers	F	23.35
78	92	Penny Hadfield Bennett	Plymouth Harriers	F	23.35
79	49	Leesa Pethick	Plymouth Harriers	F	26.13
80	44	Amy Dymond	Plymouth Harriers	F	26.17
81	63	Paul Paskins	Plymouth Harriers	M	26.18