

Winter 3K Series
Central Park - Wednesday 8th February

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	343	Jordan Blair	UPAC	M	9.55
2	526	Simon Yeo	Tamar Trotters	M	10.22
3	328	Daniel Watling	Birchfield Harriers	M	10.26
4	540	Steve Fletcher	Plymouth Harriers	M	10.31
5	560	Alex Peyton-Jones	Plymouth Harriers	M	10.32
6	520	Michael Liddell		M	10.49
7	339	Justin Frost	Plymouth Musketeers	M	11.01
8	593	Liam Hallows	Erme Valley Harriers	M	11.02
9	522	Ross Bailey	Plymouth Harriers	M	11.10
10	388	Raymond Tew	Plymouth Harriers	M	11.25
11	557	Guy Petersen	Tamar Trotters	M	11.26
12	396	Nick Bristow	Erme Valley Harriers	M	11.32
13	329	Josh Brown	Storm Plymouth	M	11.33
14	530	Andrew Meredith		M	11.39
15	330	Tom Kerr	Plymouth Harriers	M	11.41
16	577	Jane Allison	Plymouth Harriers	F	11.42
17	591	Dan Oak	Plymstock Road Runners	M	11.43
18	318	Ricky Munt	Plymouth Musketeers	M	11.46
19	338	Jack Arundel	Storm Plymouth	M	11.49
20	513	Matthew Walkey	Plymouth Harriers	M	11.49
21	342	Steve Martin		M	11.55
22	326	Mat Penry		M	12.05
23	367	Melvyn Griffiths		M	12.06
24	538	Nick Clarke	Plymouth Coasters	M	12.10
25	382	Bevan Johnson	Plymouth Harriers	M	12.15
26	553	Nicola Noble	Plymouth Tri Club	F	12.16
27	391	Duncan Jago	Storm Plymouth	M	12.18
28	566	Lewis Mutton	Storm Plymouth	M	12.26
29	364	Glen Gray	Storm Plymouth	M	12.27
30	512	Mike Hansen	Erme Valley Harriers	M	12.28
31	362	Paul Whitmore	Storm Plymouth	M	12.33
32	384	Olivia Travers	Erme Valley Harriers	F	12.35
33	584	Gary Martin	Plymouth Musketeers	M	12.38
34	383	Steve Laity	Plymouth Harriers	M	12.54
35	580	Kris Jones	Plymouth Musketeers	M	12.56
36	334	Alex Lea	Plymouth Musketeers	M	12.56
37	545	Kevin Martin	Storm Argyle Academy	M	13.00
38	374	Guy Boswell	Plymouth Musketeers	M	13.02
39	359	Alex Ruffin	Storm Argyle Academy	M	13.09
40	552	Michael Cork	Plymouth Coasters	M	13.12
41	366	Stewart Fletcher		M	13.19
42	385	Ashley Ide	Storm Plymouth	M	13.23
43	563	Laura Aspen		F	13.24
44	378	Emily Childs		F	13.25
45	354	Brendan Palmer	Plymouth Musketeers	M	13.28

46	356	Michael Hockey	Plymouth Musketeers	M	13.28
47	353	Ryan Winnall	Storm Argyle Academy	M	13.32
48	344	Michael Godfrey		M	13.36
49	571	William Gould	Storm Argyle Academy	M	13.42
50	576	Luke Page		M	13.43
51	529	Steve Boxall		M	13.45
52	535	Leigh Robinson	Plymouth Harriers	M	13.46
53	395	Ben Bristow	Erme Valley Harriers	M	13.50
54	550	Phil Bees	Plymouth Musketeers	M	13.51
55	588	Chloe Hoatson	Plymouth Musketeers	F	13.51
56	592	Scott Johnstone	Plymouth Musketeers	M	13.53
57	574	Miranda Burke	Plymouth Harriers	F	13.56
58	323	Ken Summers	Erme Valley Harriers	M	14.00
59	365	Claire Faithfull		F	14.03
60	312	Scott Allen	Storm Plymouth	M	14.03
61	528	Phil Bates	Torbay AC	M	14.07
62	357	Simon Fewins	Plymouth Musketeers	M	14.15
63	337	Jason Cichy	Storm Plymouth	M	14.17
64	564	Craig Smith	Plymouth Coasters	M	14.20
65	502	Sue Freemantle	Storm Plymouth	F	14.22
66	589	Gary Robb	Storm Plymouth	M	14.27
67	360	Anna Hellyer	Storm Plymouth	F	14.28
68	311	Danny Slay	Storm Plymouth	M	14.35
69	511	Charlotte Havard-Smith		F	14.44
70	352	Kelvin Coker	Storm Plymouth	M	14.47
71	575	Linda Bracher	Erme Valley Harriers	F	14.51
72	570	Sarah Horton	Plymouth Coasters	F	14.53
73	505	Rachel Snelling	Storm Plymouth	F	14.55
74	508	Chris Hastings	Plymouth Coasters	M	15.00
75	556	Jack Tucker	Storm Argyle Academy	M	15.06
76	346	Nathan Mason	Storm Argyle Academy	M	15.13
77	351	Justin Locke	Storm Plymouth	M	15.15
78	541	Jessica Crago	Storm Argyle Academy	F	15.16
79	585	Millie Wilson	Vegetarian Athletic & Cycling	F	15.20
80	590	Nadia Frontier	UPAC	F	15.21
81	533	Sara Cooksley	Plymouth Harriers	F	15.24
82	561	Taylor Carter		F	15.28
83	544	Michelle Phillips	Storm Plymouth	F	15.30
84	532	Barrie Swift	Plymouth Harriers	M	15.33
85	578	Paul Paskins	Plymouth Harriers	M	15.45
86	315	Louis McCracken		M	15.46
87	569	Magie Lamerton	Plymouth Musketeers	F	15.46
88	316	Dana Eyre	Plymouth Musketeers	F	15.46
89	336	Aiden Edgar		M	15.47
90	572	Rob Shaddick	Plymouth Musketeers	M	15.54
91	386	Ben Batteson	Storm Plymouth	M	15.56
92	554	Rebecca Tucker	Tamar Trotters	F	15.59
93	314	Rachel Scott	Plymouth Musketeers	F	16.02
94	573	Michelle Shaddick	Plymouth Musketeers	F	16.05
95	368	Dean Harris		M	16.15

96	567	Rodney Hillebrandt	Plymouth Musketeers	M	16.19
97	523	Carol Hansen	Erme Valley Harriers	F	16.20
98	376	Lucy Howell	Plymouth Musketeers	F	16.23
99	519	Julia Proudfoot	Plymouth Coasters	F	16.31
100	340	Chloe Bounsall	Storm Plymouth	F	16.32
101	583	Chris Lang	Storm Plymouth	M	16.32
102	543	Janet Morgan	Plymouth Musketeers	F	17.03
103	398	Phil Freemantle		M	17.26
104	392	Andy Bulley		M	17.30
105	594	T. Nobbs	Storm Plymouth	M	17.40
106	370	Matt Screech		M	17.50
107	380	Julie Spencer	Storm Plymouth	F	17.58
108	381	Sarah Elliott	Storm Plymouth	F	17.58
109	518	Vicki Dunn	Plymouth Musketeers	F	18.22
110	555	Katie Tucker	Storm Argyle Academy	F	18.25
111	322	Natasha Harvey	Storm Plymouth	F	18.29
112	358	Joshua Knuckey	Storm Argyle Academy	M	18.45
113	539	Nicola Peck	Plymouth Coasters	F	18.54
114	348	Kelli Hutchinson	Plymouth Coasters	F	18.55
115	568	John Jones		M	19.06
116	582	Peter Pierpoint		M	19.28
117	503	Olivia Gates		F	19.29
118	510	Lai-Yin Wong	Plymouth Musketeers	F	19.30
119	586	Becky Daniels	Storm Plymouth	F	19.30
120	587	Sarah Honey	Storm Plymouth	F	19.31
121	390	Sarah Davis	Storm Plymouth	F	19.34
122	379	Helen Childs	Storm Plymouth	F	19.36
123	542	Dawn Childs	Storm Plymouth	F	19.36
124	345	Camille Harper		F	19.39
125	400	Jess Freemantle		F	19.41
126	521	Claire White	Storm Plymouth	F	19.46
127	509	Kathryn Weaver-Gore	Plymouth Musketeers	F	19.51
128	506	Milly Hughes	Storm Argyle Academy	F	20.02
129	537	Rose Chapman		F	20.03
130	536	Dave Mathias		M	20.04
131	507	Michael Hughes	Storm Plymouth	M	20.05
132	394	Zoe Arnold	Storm Argyle Academy	F	20.06
133	377	Lauren Howell	Storm Argyle Academy	F	20.06
134	355	William Palmer		M	20.07
135	514	Amy Moucher		F	20.23
136	335	Sally Edgar		F	20.47
137	313	Ashlie Westell		F	20.48
138	347	Hayley Locke	Storm Plymouth	F	20.48
139	596	Lynne Southall	Plymouth Musketeers	F	20.55
140	595	Nancy Turner	Storm Plymouth	F	21.15
141	397	Victoria Rickinson	Storm Plymouth	F	21.41
142	581	Lynn Jones	Plymouth Musketeers	F	21.42
143	527	Vicki McAteer	Storm Plymouth	F	21.46
144	332	Samantha Ainsworth	Storm Plymouth	F	21.47
145	324	Kath Williams	Storm Plymouth	F	21.50

146	562	Sophie Costas		F	22.15
147	516	Chris French		M	22.17
148	534	Dan Pengelly		M	22.18
149	321	Diane Harvey	Storm Plymouth	F	22.19
150	319	Stephen Harvey	Storm Plymouth	M	22.20
151	546	Esther Clarke		F	22.21
152	501	John Rickinson	Storm Plymouth	M	22.21
153	547	Yianni Davenport		M	22.57
154	341	Cheri Richards		F	23.30
155	549	Charley Green	Storm Plymouth	F	23.31
156	548	Helen Hawking	Storm Plymouth	F	23.32
157	320	Rebecca Sturge	Storm Plymouth	F	23.44
158	504	Louise Trott	Storm Plymouth	F	24.37
159	350	Kay Burry	Storm Plymouth	F	24.37
160	331	Andrea Evans	Storm Plymouth	F	29.02
161	525	Janet Brook	Storm Plymouth	F	29.02