

Winter 3K Series
Central Park - Wednesday 11th January

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	390	Dean Smith	COPAC	M	9.50
2	310	Alan Ryder	Plymouth Musketeers	M	10.37
3	503	Alex Peyton-Jones	Plymouth Harriers	M	10.47
4	509	Sam Yearling	Erme Valley Harriers	M	10.48
5	378	Steve Fletcher	Plymouth Harriers	M	10.53
6	512	Jacob Pierpoint		M	10.54
7	520	Graham Bale	Plymstock Road Runners	M	10.55
8	347	Jack Childs	Storm Argyle Academy	M	11.06
9	334	Martyn Ellis		M	11.20
10	391	Hayley Harvey	COPAC	F	11.26
11	506	Richard Maunder		M	11.27
12	324	Steve Martin		M	11.29
13	511	Guy Petersen	Tamar Trotters	M	11.33
14	328	Raymond Tew	Plymouth Harriers	M	11.36
15	343	Jeremy Westmore	Plymouth Musketeers	M	11.37
16	504	Andrew Meredith		M	11.44
17	318	Ami Yetton	Plymouth Harriers	F	12.00
18	516	Jane Allison	Plymouth Harriers	F	12.03
19	505	Liam Hallows	Erme Valley Harriers	M	12.06
20	314	Emma Ryder	Tavistock AC	F	12.17
21	350	Nick Bristow	Erme Valley Harriers	M	12.21
22	323	Jason Childs	Plymouth Musketeers	M	12.22
23	312	Melvyn Griffiths		M	12.30
24	514	Dan Oak	Plymstock Road Runners	M	12.39
25	354	Olivia Travers	Erme Valley Harriers	F	12.44
26	351	Tom Kerr	Plymouth Harriers	M	12.55
27	398	Kris Jones	Plymouth Musketeers	M	12.56
28	392	Nicola Noble	Plymouth Tri Club	F	12.58
29	355	Steve Laity	Plymouth Harriers	M	13.19
30	502	Kirsty Prowse		F	13.27
31	353	Michael Cork	Plymouth Coasters	M	13.31
32	358	Emily Childs		F	13.39
33	377	Steve Boxall		M	13.40
34	342	Brendan Palmer	Plymouth Musketeers	M	13.42
35	356	Richard Morton	Tamar Trotters	M	13.49
36	510	Chloe Hoatson	Plymouth Musketeers	F	13.50
37	501	James Scantlebury	Erme Valley Harriers	M	13.56
38	338	Ryan Winnall	Storm Argyle Academy	M	13.58
39	383	William Gould	Storm Argyle Academy	M	14.08
40	394	Phil Bees	Plymouth Musketeers	M	14.10
41	513	Luke Page		M	14.11
42	396	Miranda Burke	Plymouth Harriers	F	14.14
43	371	Scott Johnstone	Plymouth Musketeers	M	14.25
44	381	Sam Martin	Plymouth Musketeers	F	14.32
45	348	Ben Bristow	Erme Valley Harriers	M	14.59

46	335	Nathan Mason	Storm Argyle Academy	M	15.01
47	379	Sarah Horton	Plymouth Coasters	F	15.10
48	346	Jack Tucker	Storm Argyle Academy	M	15.16
49	384	Sara Cooksley	Plymouth Harriers	F	15.17
50	385	Barrie Swift	Plymouth Harriers	M	15.25
51	376	Rachel Scott	Plymouth Musketeers	F	15.48
52	320	Ella Macdonald	Storm Argyle Academy	F	15.50
53	352	Dana Eyre	Plymouth Musketeers	F	16.10
54	366	Ian McLeod	Plymouth Coasters	M	16.13
55	360	Jo Arnold	Plymouth Musketeers	F	16.20
56	519	Michelle Shaddick	Plymouth Musketeers	F	16.27
57	518	Rob Shaddick	Plymouth Musketeers	M	16.28
58	525	Liz Gee	Plymouth Musketeers	F	16.32
59	365	Chris Hastings	Plymouth Coasters	M	17.00
60	388	Rosie Shepherd	Storm Argyle Academy	F	17.05
61	315	Louise King	Plymouth Musketeers	F	17.13
62	344	Andy Bulley		M	17.25
63	336	Jessica Crago	Storm Argyle Academy	F	17.27
64	337	Leah Curtis	Storm Argyle Academy	F	17.33
65	357	Rodney Hillebrandt	Plymouth Musketeers	M	17.50
66	345	Katie Tucker	Storm Argyle Academy	F	17.54
67	311	Darren Williams	Plymouth Musketeers	M	18.09
68	370	Vicki Dunn	Plymouth Musketeers	F	18.30
69	515	Peter Pierpoint		M	18.30
70	316	Bryan King	Plymouth Musketeers	M	18.38
71	380	Jaine Hudson	Storm Plymouth	F	18.50
72	382	Patrick Hurrell		M	19.10
73	397	Nicola Peck	Plymouth Coasters	F	19.33
74	332	Simon Ashford	Moorhaven RC	M	19.40
75	339	Caitlin Anderson	Storm Argyle Academy	F	19.49
76	326	Dawn Childs	Storm Plymouth	F	19.52
77	359	Helen Childs	Storm Plymouth	F	19.52
78	340	Lauren Holloway	Storm Argyle Academy	F	19.56
79	364	Zoe Arnold	Storm Argyle Academy	F	20.03
80	319	Lauren Howell	Storm Argyle Academy	F	20.05
81	362	Jodie Stone	Storm Argyle Academy	F	20.12
82	329	Lai-Yin Wong	Plymouth Musketeers	F	20.17
83	330	Kathryn Weaver-Gore	Plymouth Musketeers	F	20.39
84	321	Logan Howell	Storm Argyle Academy	M	20.42
85	322	Lucy Howell	Plymouth Musketeers	F	20.43
86	386	Lynn Jones	Plymouth Musketeers	F	21.44
87	367	Milly Hughes	Storm Argyle Academy	F	21.52
88	368	Michael Hughes	Storm Plymouth	M	21.52
89	341	William Palmer		M	22.10
90	313	Vee Thompson		F	22.29
91	400	Kym Barber	Plymouth Tri Club	F	22.29
92	507	Sarah Fitch		F	22.38
93	508	Cerys Heyward	Storm Argyle Academy	F	22.38
94	395	Alex Lea	Plymouth Musketeers	M	23.07