

## 2016/17 Winter Fixture List

<u>Date</u>	<u>Fixture</u>	<u>Venue</u>	<u>Type</u>	<u>Age Group</u>
<b>OCTOBER</b>				
Sunday 9	Westward League	Plymouth	Cross Country	U11 and over
Wednesday 12	Armada 3K	Plymouth	Road	11 upwards
Sunday 16	Devon Sportshall League	Dawlish	Sportshall	U10 to U15
Sunday 23	Tavi 7	Tavistock	Road	U16 upwards
<b>NOVEMBER</b>				
Wednesday 9	Armada 3K	Plymouth	Road	11 upwards
Thursday 10	West Devon Schools Cross Country	TBC	Cross Country	Jun/Int/Sen
Sunday 13	Westward League	Newquay	Cross Country	U11 and over
Sunday 20	Devon Sportshall League (inc. County Champs)	Dawlish	Sportshall	U10 to U15
<b>DECEMBER</b>				
Sunday 4	Westward League (inc. County Champs)	Exeter	Cross Country	U11 and over
	Welsh Athletics Indoor Junior Open	Cardiff	Indoor T+F *	U13,U15 and U17
Sunday 11	UWIC Christmas Classic	Cardiff	Indoor T+F *	U20 and over
Wednesday 14	Armada 3K	Plymouth	Road	11 upwards
<b>JANUARY</b>				
Sunday 8	South West Cross Country Champs	Haldon racecourse	Cross Country	U13 and over
	Welsh Athletics Indoor Junior Open	Cardiff	Indoor T+F *	U13,U15 and U17
Wednesday 11	Armada 3K	Plymouth	Road	11 upwards
Saturday 14	SEAA Indoor U20 and Seniors (Day 1)	Lee Valley	Indoor T+F *	Open
Sunday 15	SEAA Indoor U20 and Seniors (Day 2)	Lee Valley	Indoor T+F *	Open
	Westward League	Bideford (Westward Ho)	Cross Country	U11 and over
	Cardiff Met Grand Prix 2 (& SW Champs)	Cardiff	Indoor T+F *	Open
Saturday 21	Devon Schools Cross Country Champs	Stover School, N Abbot	Cross Country	Representative
	UKA Cross Challenge	Cardiff	Cross Country	Open
Saturday 28	Midland & SEAA Cross Country Champs	Various	Cross Country	U13 - seniors
Sunday 29	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15
<b>FEBRUARY</b>				
Saturday 4	South West Schools XC	Truro, Cornwall	Cross Country	Representative
Sunday 5	Cardiff Met Grand Prix 2 (& SW Champs)	Cardiff	Indoor T+F *	Open
Wednesday 8	Armada 3K	Plymouth	Road	11 upwards
Saturday 11	Welsh Junior Champs (Day 1)	Cardiff	Indoor T+F *	U13,U15 and U17
	Midland Champs (Day 1)	Birmingham	Indoor T+F *	U13G and all others
Sunday 12	Welsh Junior Champs (Day 2)	Cardiff	Indoor T+F *	U13,U15 and U17
	Midland Champs (Day 2)	Birmingham	Indoor T+F *	U13B and all others
	Westward League	Stover (nr N Abbot)	Cross Country	U11 and over
Sunday 19	Birmingham Games	Birmingham	Indoor T+F *	U15 upwards
Saturday 25	National Cross Country Champs	Nottingham	Cross Country	U13 up to seniors
Sunday 26	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15
<b>MARCH</b>				
Wednesday 8	Armada 3K	Plymouth	Road	11 upwards
Saturday 11	Inter Counties Cross Country	Loughborough	Cross Country	Representative
Sunday 12	Regional Sportshall (U11,U13 and U15)	Torbay	Sportshall	Representative
Saturday 18	ESAA National Cross Country	Norwich	Cross Country	Representative
Sunday 19	Devon Sportshall League	Dawlish	Sportshall	U10 to U15
Saturday 25	Westward League	Redruth	Cross Country	U11 and over

\* Indoor Track and Field meetings operate on 'next years' age groups i.e. your age at 31 August 2017