

Winter 3K Series
Central Park - Wednesday 12th October

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	382	Thomas Humphrey	Plymouth Harriers	M	10.10
2	368	Jacob Pierpoint		M	10.39
3	326	Douglas Webb	Plymouth Harriers	M	10.50
4	387	Graham Bale	Plymstock Road Runners	M	10.55
5	318	Neill Travers		M	11.17
6	386	Guy Petersen	Tamar Trotters	M	11.25
7	393	Brendan Anderson		M	11.27
8	379	Justin Smith	Plymouth Harriers	M	11.30
9	334	Jack Childs	Storm Argyle Academy	M	11.35
10	345	Alexey Vasilyev		M	11.44
11	374	Andrew Meredith		M	11.53
12	359	Tom Kerr		M	12.02
13	313	Steve Martin		M	12.05
14	383	Jane Allison	Plymouth Harriers	F	12.10
15	347	Owen Bruce	Storm Argyle Academy	M	12.13
16	377	Gary Martin	Plymouth Musketeers	M	12.17
17	353	Russ Mogridge	Erme Valley Harriers	M	12.19
18	361	Emma Ryder	Tavistock AC	F	12.23
19	349	Liam Hallows	Erme Valley Harriers	M	12.24
20	362	James Scantlebury	Erme Valley Harriers	M	12.25
21	328	Daniel Carr	City of Plymouth AC	M	12.30
22	327	Christopher Peacock		M	12.31
23	389	Andy Newcombe	Erme Valley Harriers	M	12.39
24	319	Olivia Travers	Erme Valley Harriers	F	12.45
25	332	Kate Phillips		F	12.59
26	356	Michael Cork	Plymouth Coasters	M	13.10
27	346	Ryan Winnall	Storm Argyle Academy	M	13.11
28	316	Bevan Johnson	Plymouth Harriers	M	13.31
29	343	Alex Ruffin	Storm Argyle Academy	M	13.33
30	342	Adrian Ruffin	Storm Plymouth	M	13.37
31	317	Richard Morton	Tamar Trotters	M	13.46
32	367	Steve Boxall		M	13.48
33	376	Miranda Burke	Plymouth Harriers	F	13.50
34	324	Ken Summers	Erme Valley Harriers	M	13.53
35	310	Stephen Watson	Erme Valley Harriers	M	14.03
36	336	Ian Winnall	Plymouth Musketeers	M	14.22
37	337	Brendan Plamer	Plymouth Musketeers	M	14.25
38	375	Paul Paskins	Plymouth Harriers	M	14.28
39	371	Luke Plye		M	14.29
40	378	Chloe Hoatson	Plymouth Musketeers	F	14.32
41	311	Ben Bristow	Erme Valley Harriers	M	14.34
42	373	Louis McCracken		M	15.01
43	312	Kate Rogers	Tavistock AC	F	15.18
44	366	Barrie Swift	Plymouth Harriers	M	15.41
45	365	Sara Cooksley	Plymouth Harriers	F	15.41

46	325	Ella Macdonald	Storm Argyle Academy	F	15.45
47	323	Millie Wilson	Vegetarian Athletic & Cycling	F	15.47
48	338	Jessica Crago	Storm Argyle Academy	F	16.10
49	363	Michelle Shaddick	Plymouth Musketeers	F	16.12
50	364	Rob Shaddick	Plymouth Musketeers	F	16.12
51	369	Bryan Short	Storm Plymouth	M	16.36
52	372	Rachel Scott	Plymouth Musketeers	F	16.50
53	357	Jack Tucker	Storm Argyle Academy	M	16.56
54	348	Rebecca Tucker	Tamar Trotters	F	16.57
55	344	Paul Tunnycliffe	Storm Argyle Academy	M	16.58
56	358	Kyra Higgins	Plymouth Harriers	F	16.59
57	381	Janet Morgan	Plymouth Musketeers	F	17.00
58	309	Paul Rogers		M	17.02
59	354	Katy Mogridge	Erme Valley Harriers	F	17.06
60	335	Lucy Howell	Plymouth Musketeers	F	17.09
61	384	Julie Broad	Plymouth Harriers	F	17.17
62	390	Paul Youngman	Plymouth Musketeers	M	17.59
63	380	Rosie Shepherd	Storm Argyle Academy	F	18.16
64	370	Eppsie Plye		F	18.35
65	350	Scarlett Whelan	Storm Argyle Academy	F	18.47
66	355	Lorraine Davies	Plymouth Musketeers	F	19.00
67	391	Katrina Patrick		F	19.10
68	392	Jennifer Longbooi		F	19.23
69	339	Joshua Knuckey	Storm Argyle Academy	M	19.49
70	340	Christine McGhee	Plymouth Harriers	F	19.55
71	360	Mel Lovell		F	19.58
72	352	Milly Hughes	Storm Argyle Academy	F	20.17
73	320	Michael Hughes	Storm Plymouth	M	20.17
74	321	Michelle Hughes	Storm Plymouth	F	20.22
75	329	Jodie Stone	Storm Argyle Academy	F	20.32
76	315	Charlotte Adderley	Erme Valley Harriers	F	20.46
77	314	Philip Adderley	Erme Valley Harriers	M	20.50
78	330	Zoe Arnold	Storm Argyle Academy	F	22.15
79	331	Lauren Howell	Storm Argyle Academy	F	22.16
80	322	Sarah Fitch		F	23.30
81	351	Cerys Heyward	Storm Argyle Academy	F	23.30
82	333	Logan Howell	Storm Argyle Academy	M	23.49
83	388	Emma Cameron	Plymouth Musketeers	F	23.55
84	341	Nicola Billing	Plymouth Harriers	F	25.59
85	385	Leesa Pethick	Plymouth Harriers	F	25.59