

Summer 5K Series
Saltram - Wednesday 8th June

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	65	Thomas Humphrey	Plymouth Harriers	M	17:27
2	209	Graham Bale	Plymstock RR	M	17:55
3	109	Lucas Laphorn		M	18:05
4	163	Alex Peyton Jones	Plymouth Harriers	M	18:09
5	92	David Mattock		M	18:09
6	210	Owen Pearce	Tamar Trotters	M	18:16
7	213	Simon Yeo	Tamar Trotters	M	18:34
8	4	Pete Waumsley	Tamar Trotters	M	18:45
9	55	Neil Holmes	Erme Valley Harriers	M	18:49
10	76	Allister Bristow	Erme Valley Harriers	M	18:51
11	116	Ben Payne	Instinctive Sports	M	19:00
12	52	Gary Mountford		M	19:04
13	37	Neal Humphreys	Corby AC	M	19:46
14	43	Ewan Lake	Erme Valley Harriers	M	19:52
15	45	Daniel Baugh	Storm Plymouth	M	20:12
16	34	Jeremy Westmore	Plymouth Musketeers	M	20:17
17	190	Stewart Yetton		M	20:24
18	1	Andy Charles	Tamar Trotters	M	20:30
19	104	Ed Smith	Plymouth Harriers	M	20:31
20	218	Daniel Oak		M	20:35
21	99	Adam Lake		M	20:47
22	87	Darren Hewlett		M	20:47
23	201	Aaron Johns		M	20:48
24	93	Matt Walkey	Plymouth Harriers	M	20:51
25	193	Chris Puertas	Plymouth Harriers	M	20:59
26	42	Emma Lake	Erme Valley Harriers	F	21:05
27	154	Dan Luckham	Tavistock AC	M	21:09
28	164	Steve Bush	Plymouth Musketeers	M	21:11
29	196	Matt Chown		M	21:18
30	33	Guy Petersen	Tamar Trotters	M	21:21
31	181	Daniel Berry	Storm Plymouth	M	21:22
32	180	Chris Mervyn	Tamar Trotters	M	21:23
33	73	Daniel Clewley		M	21:24
34	176	Steve Fletcher		M	21:37
35	61	Tom Rowe		M	21:41
36	66	Nick Clarke	Plymouth Coasters	M	21:52
37	200	Ryan Rickard		M	22:01
38	122	Tilly Woods	Newton Abbot AC	F	22:04
39	29	George Baldwin		M	22:09
40	120	Geoff Woods	Newton Abbot AC	M	22:10
41	211	Anna Bale		F	22:11
42	95	Ben Spavart		M	22:20
43	60	Michael Cork	Plymouth Coasters	M	22:34
44	6	Steve Martin		M	22:50
45	5	James Payne	Roman Gladiators	M	22:52

46	160	Mark Bettey		M	22:54
47	82	Rob Shaw		M	22:57
48	8	Ray Gilbey		M	22:58
49	106	Kirsty Ireland		F	23:01
50	146	Jon Lake		M	23:19
51	127	Kate Phillips	Plymstock RR	F	23:20
52	202	Gary Bishop	Plymouth Harriers	M	23:26
53	138	Dan Jones		M	23:27
54	62	Peter Brooks		M	23:31
55	206	Mick Brian	Plymouth Musketeers	M	23:41
56	173	Neil Herbert		M	23:50
57	177	Steven Wilkinson		M	23:50
58	151	Miranda Burke	Plymouth Harriers	F	24:12
59	126	Ian Winnall	Plymouth Musketeers	M	24:31
60	195	Alan McKeever	Instinctive Sports	M	24:31
61	131	James Scantlebury	Erme Valley Harriers	M	24:49
62	112	Chris Rollinson		M	24:54
63	57	Michael Cookson		M	24:57
64	17	Owain Thomas	Plymouth Musketeers	M	25:06
65	111	Andy May		M	25:11
66	64	John Woolven-Allen		M	25:11
67	171	Susan Darke	Plymouth Musketeers	F	25:20
68	103	Carl Mills		M	25:25
69	123	Lottie Woods	Newton Abbot AC	F	25:30
70	194	Matt Crudgington		M	25:35
71	150	Simon Fewins	Plymouth Musketeers	M	25:37
72	102	George Wood		M	25:56
73	220	Chloe Hoatson	Plymouth Musketeers	F	26:05
74	58	Andrew Burgess		M	26:07
75	155	Matt Luckham	Bere Alston Trekkers	M	26:12
76	56	Pam Duncan		F	26:18
77	216	Kathie Chown		F	26:18
78	137	Nick Kelland	Plymouth Harriers	M	26:32
79	97	Rachel Scott	Plymouth Musketeers	F	26:37
80	115	Craig Smith	Plymouth Coasters	M	26:42
81	118	M. Cooksey	Plymouth Harriers	M	26:43
82	44	Tommy Bailey		M	26:45
83	114	Paul Griffin	Instinctive Sports	M	26:46
84	199	Scott Green	Plymstock RR	M	26:49
85	186	Alexander Ruffin	Storm Plymouth	M	27:02
86	188	Adrian Ruffin	Storm Plymouth	M	27:02
87	133	Kate Rogers	Tavistock AC	F	27:27
88	51	Barrie Swift	Plymouth Harriers	M	27:30
89	119	Sara Cooksley	Plymouth Harriers	F	27:30
90	84	Alison Greaves	Bere Alston Trekkers	F	27:34
91	145	David Salvage	Tamar Trotters	M	27:36
92	185	Lisa Burnham	Plymouth Harriers	F	27:46
93	49	Sarah McQuarry	Plymouth Harriers	F	28:00
94	91	Nathan Mason	Argyle Musketeers	M	28:04
95	98	Laura Rogers	Tavistock AC	F	28:06

96	27	Donna Burke	Plymouth Musketeers	F	28:06
97	89	Lindsay Hobbs	Tavistock AC	F	28:11
98	94	Alban Oliver		M	28:29
99	117	Jude Howell		M	28:36
100	204	Jo Arnold	Plymouth Musketeers	F	28:37
101	189	Jennifer Williams	Plymouth Harriers	F	28:44
102	48	Rebecca Tucker	Tamar Trotters	F	28:52
103	128	Michelle Shaddick	Plymouth Musketeers	F	28:55
104	129	Robert Shaddick	Plymouth Musketeers	M	28:55
105	132	Andrew Proudfoot	Plymouth Coasters	M	28:56
106	63	Maggie Lamerton	Plymouth Musketeers	F	29:02
107	141	Janet Morgan	Plymouth Musketeers	F	29:28
108	134	Julia Proudfoot	Plymouth Coasters	F	29:33
109	96	Sheila Houghton	Tavistock AC	F	29:35
110	100	Louis McCracken		M	29:36
111	113	Andrew Smith		M	29:37
112	68	Alan Joslin		M	29:58
113	135	Kyra Higgins	Plymouth Harriers	F	30:00
114	85	Kelly Brumhead	Plymouth Musketeers	F	30:02
115	125	Amy Day	Plymouth Musketeers	F	30:02
116	2	Marloes Denee-McNeil		F	30:07
117	191	Steve Cummins		M	30:12
118	35	Joanne Bridge	Plymouth Coasters	F	30:13
119	46	Steve Parnell	Plymouth Coasters	M	30:17
120	215	Kate Howard	Plymouth Musketeers	F	30:25
121	83	Caroline Williams	Storm Plymouth	F	30:25
122	36	David Bent	Plymouth Harriers	M	30:42
123	54	Linda Mole	Plymouth Harriers	F	30:43
124	50	Jack Tucker	Argyle Musketeers	M	30:56
125	72	Julie Board	Plymouth Harriers	F	30:56
126	26	Joshua Knuckley	Argyle Musketeers	M	31:03
127	197	Rachel Kilpatrick	Plymouth Harriers	F	31:05
128	178	David Pitcher	Tamar Trotters	M	31:09
129	81	Marian Spreadbridge		F	31:16
130	203	Gary Johns		M	31:35
131	205	Barry Johns		M	31:35
132	38	Carrie Sykes		F	31:40
133	101	Gary Martin	Plymouth Musketeers	M	31:41
134	7	Jessica Taylor	Roman Gladiators	F	31:48
135	25	Jack Kellett	Argyle Musketeers	M	32:00
136	30	Fiona Coates		F	32:05
137	170	Emily Doidge		F	32:10
138	157	Denise Bettey	Instinctive Sports	F	32:11
139	13	Sharon Hawkings		F	33:01
140	139	Lorraine Davies	Plymouth Musketeers	F	33:02
141	9	Cath Bassett	Plymouth Harriers	F	33:07
142	28	Patricia Tabenor	Plymouth Harriers	F	33:20
143	88	Christine McGhee	Plymouth Harriers	F	33:21
144	175	Lynne Southall	Plymouth Musketeers	F	33:57
145	179	Catherine Bradshaw		F	34:09

146	24	Julie Perring		F	34:29
147	212	Connie Land		F	34:47
148	10	Beth Dale	Storm Plymouth	F	34:49
149	90	Emma Craig	Tavistock AC	F	34:50
150	107	Lissie Mills		F	35:04
151	162	Gary Rode		M	35:11
152	219	Nicola Bonning		F	35:12
153	152	Lauren Howell	Argyle Musketeers	F	35:13
154	167	Morgan Bush		F	35:13
155	75	Louise King	Plymouth Musketeers	F	35:13
156	39	Anna Lake	Erme Valley Harriers	F	35:27
157	165	Fiona Maddock	Bere Alston Trekkers	F	35:34
158	19	Jacki Williams		F	35:51
159	15	David Hyatt		M	35:52
160	110	Emma Penny		F	35:52
161	159	Charlotte Adderley	Erme Valley Harriers	F	36:03
162	156	Philip Adderley	Erme Valley Harriers	M	36:04
163	207	Jodie Stone	Argyle Musketeers	F	36:05
164	31	Simon Ashfold	Moorhaven RC	M	36:07
165	124	Jennifer Long-Booi		F	36:08
166	140	Sarah Jones		F	36:23
167	32	Denise Hodgins		F	36:23
168	21	Elizabeth Buckman	Plymouth Musketeers	F	36:31
169	78	Kelly Tombs		F	37:16
170	80	Drew Tombs		M	37:16
171	153	Logan Howell	Argyle Musketeers	M	37:35
172	143	Lucy Howell	Plymouth Musketeers	F	37:36
173	168	Aimi Hewlett Elliott		F	38:04
174	59	John Edwards		M	38:51
175	79	Dave Dane	Plymstock RR	M	40:47
176	198	Sarah Hunt		F	43:37
177	144	Leesa Pethick	Plymouth Harriers	F	43:37
178	16	Sarah Lawson		F	43:46
179	14	Karen Osborne		F	43:46
180	3	Paul Paskins	Plymouth Harriers	M	43:46