

Summer 5K Series
Saltram - Wednesday 13th April

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	64	Christopher Aldridge	Plymouth Harriers	M	17:11
2	67	Pete Monaghan	Torbay AC	M	17:21
3	142	Thomas Humphrey	Plymouth Harriers	M	17:32
4	129	John Cooper	Plymouth Harriers	M	17:35
5	81	Alex Peyton Jones	Plymouth Harriers	M	17:57
6	21	Pete Waumsley	Tamar Trotters	M	18:05
7	180	Graham Bale	Plymstock RR	F	18:20
8	150	Ben Payne	Instinctive Sports	M	18:31
9	55	Drew Clark		M	18:43
10	69	Matthew Brown	Erme Valley Harriers	M	18:45
11	163	Marcus Cronin		M	18:56
12	133	Simon Yeo	Tamar Trotters	M	18:58
13	178	Samuel Yearling	Erme Valley Harriers	M	19:13
14	33	Ami Yetton	Plymouth Harriers	F	19:14
15	153	Kevin Digby		M	19:15
16	92	Douglas Webb	Plymouth Harriers	M	19:18
17	50	Nick Bristow	Erme Valley Harriers	M	19:27
18	175	Daniel Oak		M	19:56
19	107	Steven Brown		M	19:58
20	1	Andy Charles	Tamar Trotters	M	20:14
21	79	Jeremy Westmore		M	20:24
22	46	Tom Kerr		M	20:30
23	24	Matt Walkey	Plymouth Harriers	M	20:33
24	93	Jane Allison	Plymouth Harriers	F	20:37
25	31	Bradley Stevens	Tavistock AC	M	20:39
26	112	Stewart Yetton		M	20:40
27	177	Simon Swift	Erme Valley Harriers	M	20:57
28	141	Darren Hewlett		M	21:08
29	176	Jaine Swift	Erme Valley Harriers	F	21:11
30	126	Megan Cragg	Plymouth Tri Club	F	21:19
31	145	Joe Dix	Tavistock AC	M	21:30
32	127	Peter Moffat		M	21:39
33	58	Natasha Farrington	Tavistock AC	F	21:42
34	111	Brennan Drewitt	Plymouth Musketeers	M	21:45
35	99	Kate Phillips	Plymstock RR	F	21:54
36	100	Rob Phillips		M	21:54
37	14	James Payne	Roman Gladiators	M	22:12
38	43	Dan Luckham	Tavistock AC	M	22:17
39	179	Anna Bale		F	22:18
40	52	Darren Wallace	Plymouth Tri Club	M	22:29
41	28	Tilly McDowell	Tavistock AC	F	22:32
42	91	Jennifer Sabine	Tavistock AC	F	22:45
43	25	Leigh Robinson	Plymouth Harriers	M	23:01
44	26	Steven Hill	Plymouth Harriers	M	23:01
45	152	Mark Bettey		M	23:07

46	90	Carley Somerville	Plymouth Tri Club	F	23:12
47	137	Mark Peckings	Roman Gladiators	M	23:13
48	54	Abi Wright	Plymouth Tri Club	F	23:21
49	75	Ray Gilbert		M	23:27
50	181	Jon Anderson	Plymouth Musketeers	M	23:28
51	122	Shaun Brady		M	23:36
52	13	Fred Jenkins	Instinctive Sports	M	23:46
53	140	Miranda Burke	Plymouth Harriers	F	24:00
54	73	Ken Summers	Erme Valley Harriers	F	24:06
55	131	Simon Fewins	Plymouth Musketeers	M	24:16
56	98	Max Davies	Plymouth Tri Club	M	24:33
57	8	Adrian Taylor		M	24:37
58	101	Michael Hockey	Plymouth Musketeers	M	24:42
59	146	James Scantlebury	Erme Valley Harriers	M	24:50
60	154	Alan McKeever	Instinctive Sports	M	24:54
61	34	Tina O'Shea	Plymouth Musketeers	F	25:02
62	168	Susan Darke	Plymouth Musketeers	F	25:12
63	63	Chris Rollinson		M	25:17
64	68	Paul Griffin	Instinctive Sports	M	25:27
65	17	Michael Cookson		M	25:28
66	44	Matt Luckham	Bere Alston Trekkers	M	25:40
67	70	Pam Duncan		F	25:47
68	151	Denise Bettey	Instinctive Sports	F	25:59
69	167	Steve Harris	Erme Valley Harriers	M	26:01
70	113	Richard Ayson		M	26:08
71	170	Scott Green	Plymstock RR	M	26:10
72	35	Sharon Terry	Erme Valley Harriers	F	26:17
73	164	Darren Dunridge	Plymouth Musketeers	M	26:26
74	19	Hayley Cozens	Plymouth Harriers	F	26:27
75	72	Linda Bracher	Erme Valley Harriers	F	26:32
76	94	Rachel Scott	Plymouth Musketeers	F	26:38
77	103	James Warn		M	26:40
78	83	Gary Martin	Plymouth Musketeers	M	26:43
79	135	Bridgitte Worth	Erme Valley Harriers	F	26:44
80	123	Robert Shaddick	Plymouth Musketeers	M	26:53
81	89	Millie Wilson	Vegetarian Cycling & AC	F	27:05
82	6	Kate Rogers	Tavistock AC	F	27:08
83	77	Anna Lake	Erme Valley Harriers	F	27:23
84	76	Emma Lake	Erme Valley Harriers	F	27:23
85	118	Carol Hansen	Erme Valley Harriers	F	27:24
86	95	Matthew Davies		M	27:36
87	120	Emily Lloyd		F	27:40
88	119	Tammy Lloyd		F	27:41
89	117	Alban Oliviek		M	27:46
90	80	Nathan Mason	Argyle Musketeers	M	27:48
91	60	Vic Hibbert	Plymouth Musketeers	M	28:12
92	116	Jo Arnold	Plymouth Musketeers	F	28:34
93	143	Rob Clark	Tamar Trotters	M	28:56
94	144	Neil Demuth	Storm	M	29:12
95	115	Rachel Perry	Storm	F	29:12

96	125	Steve Cummins		M	29:19
97	36	Lynn Nicholls		F	29:21
98	3	Lindsay Hobbs	Tavistock AC	F	29:27
99	139	Sharon Adams	Plymouth Musketeers	F	29:44
100	162	Bryan Short		M	29:49
101	128	Louise King	Plymouth Musketeers	F	29:51
102	138	David Bent	Plymouth Harriers	M	29:52
103	132	Nicola Lang		F	29:55
104	82	Rebecca Bennett	Storm	F	30:11
105	88	Joshua Knuckley	Argyle Musketeers	M	30:17
106	84	Jack Tucker	Argyle Musketeers	M	30:19
107	124	Michelle Shaddick	Plymouth Musketeers	F	30:21
108	62	Rebecca Tucker	Tamar Trotters	F	30:24
109	65	Helen Norris	Erme Valley Harriers	F	30:25
110	85	James Buckman	Argyle Musketeers	M	30:58
111	78	Jack Kellett	Argyle Musketeers	M	31:02
112	56	Stan Kellett	Plymouth Musketeers	M	31:03
113	48	Layla Dowding	Plymouth Harriers	F	31:06
114	42	Phil Warren	Erme Valley Harriers	M	31:07
115	37	Pete Hill		M	31:28
116	49	Lisa-Marie Meadows	Plymouth Harriers	F	31:30
117	51	Marian Spreadbridge		F	31:38
118	30	Claire Phillips		F	31:54
119	97	Tara Davies		F	31:55
120	39	J Windeatt		M	32:15
121	96	Jade Ellery		F	32:20
122	87	Annette Hooper		F	32:21
123	184	Shev Kelly	Storm	F	32:36
124	15	Jessica Taylor	Roman Gladiators	F	33:08
125	160	Jennifer Long-Booi		F	33:14
126	5	Mel Pedrick	Plymouth Harriers	F	33:34
127	134	Beverley Findlay		F	33:39
128	159	Susan Rich		F	33:57
129	29	Lorraine Davies	Plymouth Musketeers	F	34:06
130	114	Stephen Leonard	Plymstock RR	M	34:24
131	66	Gary Pope	Plymstock RR	M	34:24
132	110	Andy Warn	Plymouth Musketeers	M	34:33
133	57	Elizabeth Buckman	Plymouth Musketeers	F	34:33
134	102	Rebecca Bristow		F	34:36
135	38	Patricia Tabenor	Plymouth Harriers	F	34:48
136	59	Christine McGhee	Plymouth Harriers	F	34:48
137	10	Kevin Board	Plymouth Harriers	M	34:49
138	155	Simon Wood	Storm	M	35:13
139	104	Janice Ellery		F	35:18
140	45	R Graham	Storm	F	36:06
141	157	Jenny Treleaven		F	36:06
142	4	Emma Craig	Tavistock AC	F	36:19
143	165	Abi Harvey		F	37:29
144	156	Abbie James		F	37:48
145	27	Kamile Mickiewicz	Plymouth Harriers	F	38:19

146	32	Anna Prior	Plymouth Harriers	F	39:01
147	16	Vicki McBeath	Plymouth Harriers	F	39:57
148	2	Marie Beaven-Smith	Plymouth Harriers	F	40:05
149	9	Karen Eccles	Plymouth Harriers	F	40:06
150	108	Lynn Jones	Plymouth Musketeers	F	40:18
151	109	Kris Jones	Plymouth Musketeers	M	40:18
152	106	Jasmine Ellery		F	42:02
153	172	Ann-Marie Forster	Storm	F	43:08
154	173	Kerry Roberts	Storm	F	43:09
155	171	Ruth Kelly-Williams	Storm	F	51:20