

Winter 3K Series
Central Park - Wednesday 11th November

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1	95	Josh Blake	Tavistock AC	9.43
2	106	Benjamin Hall		9.55
3	96	Oli Wright	UPAC	9.56
4	103	Frankie Aldred		9.57
5	35	Nathan Brown	Erme Valley Harriers	9.58
6	93	John Porter	Plymouth Harriers	10.09
7	20	Michael Jarvis	UPAC	10.20
8	97	Harry Palmer		10.25
9	116	Alex Peyton-Jones	Plymouth Harriers	11.00
10	68	Michael Miners	Plymouth Musketeers	11.01
11	4	Pete Waumsley	Tamar Trotters	11.09
12	2	Ben Oman		11.24
13	120	Nick Bristow		11.32
14	89	Guy Petersen	Tamar Trotters	11.39
15	114	Douglas Webb	Plymouth Harriers	11.42
16	117	Justin Smith	Plymouth Harriers	11.49
17	115	Allan Herdman	Tavistock AC	11.53
18	128	James Gill	Tamar Trotters	11.58
19	104	Sarah Bull	Tavistock AC	12.00
20	91	Harry Roberts		12.11
21	53	Jane Allison	Plymouth Harriers	12.12
22	58	Steve Mace	Plymouth Musketeers	12.15
23	28	Evan Brumhead	Argyle Musketeers	12.27
24	17	Laurence Harris	Erme Valley Harriers	12.29
25	124	Andy Wright		12.34
26	112	Rob Barnett		12.39
27	127	Nicola Noble	Plymouth Tri Club	12.40
28	26	Daniel Carr	COPAC	12.50
29	6	Emma Ryder	Tavistock AC	12.56
30	107	Phil Bates	Torbay AC	13.03
31	125	Berennan Drewett	Plymouth Musketeers	13.06
32	118	Mathew Penry		13.07
33	46	Olivia Travers	Erme Valley Harriers	13.10
34	101	Tilly McDowell	Tavistock AC	13.12
35	98	Mike Beattie	Plymouth Harriers	13.13
36	105	Richard Morton	Tamar Trotters	13.36
37	34	Jennifer Sabine	Tavistock AC	13.39
38	123	Mark Bettey		13.43
39	111	Anna King	Erme Valley Harriers	13.45
40	48	Kris Jones	Plymouth Musketeers	13.46
41	129	Daniel Curtis		13.50
42	102	Michael Cork	Plymouth Coasters	13.52
43	94	Ken Summers	Erme Valley Harriers	13.58
44	75	James Scantlebury	Erme Valley Harriers	14.15
45	76	Miranda Burke	Plymouth Harriers	14.26
46	126	Paul Paskins	Plymouth Harriers	14.32

47	110	Glenn Wood	East Cornwall Harriers	14.40
48	67	Phil Bees	Plymouth Musketeers	14.45
49	5	Bryan King	Plymouth Musketeers	14.56
50	60	Samantha Perry	Erme Valley Harriers	14.57
51	37	Craig Smith	Plymouth Coasters	15.07
52	56	Nathan Mason	Argyle Musketeers	15.14
53	108	James Newman	Plymouth Musketeers	15.23
54	63	William Cole-Leach	Argyle Musketeers	15.32
55	92	Aimee-Leigh Clowes	Tavistock AC	15.34
56	33	Sharon Terry	Erme Valley Harriers	15.52
57	55	Brendan Palmer	Plymouth Musketeers	15.59
58	122	Paul Bray	Plymouth Tri Club	16.02
59	38	Eleanor Bray	Argyle Musketeers	16.26
60	113	Diane Wills	Plymouth Harriers	16.31
61	44	Jo Arnold	Plymouth Musketeers	16.43
62	81	Rachel Scott	Plymouth Musketeers	16.53
63	43	Jack Tucker	Argyle Musketeers	17.10
64	45	Zoe Arnold	Argyle Musketeers	17.26
65	80	Louis McCracken		18.15
66	100	Maisie Rose-Hurn		18.25
67	109	Rebecca Exley-Deane	Tavistock AC	18.27
68	64	Joshua Knuckey	Argyle Musketeers	18.28
69	7	Louise King	Plymouth Musketeers	18.29
70	131	Liz Gee	Plymouth Musketeers	18.42
71	73	Michelle Shaddick	Plymouth Musketeers	18.50
72	29	Kelly Brumhead	Plymouth Musketeers	18.50
73	119	Karen Hackett		19.16
74	47	Jodie Stone	Argyle Musketeers	20.05
75	16	Claire Ledingham		22.31
76	15	Carla Robey		22.31
77	99	Simon Ashford	Moorhaven RC	22.32
78	121	Rob Shaddick	Plymouth Musketeers	23.05
79	66	Paul Youngman	Plymouth Musketeers	24.14
80	78	Laura Foster	Plymouth Musketeers	24.14