

Summer 5K Series
Saltram - Wednesday 13th May

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1	83	Peter Monaghan	Torbay AC	17:03
2	1	Travis Bramley	COPAC	17:14
3	53	Owen Parkin	Erme Valley Harriers	17:26
4	145	Stuart Hall	DSFRS RC	17:26
5	79	Alan Ryder	Plymouth Musketeers	17:26
6	38	Dean Smith		17:39
7	155	Pete Waumsley	Tamar Trotters	17:42
8	154	David Beckenkraeger	Plymouth Harriers	17:50
9	95	Neil Holmes	Erme Valley Harriers	18:04
10	57	Andrew Perry	Erme Valley Harriers	18:15
11	106	Ashley Smith	Plymouth Musketeers	18:53
12	58	David Lobb	East Cornwall Harriers	19:02
13	78	Gary Montford		19:22
14	183	Martin French	Plymouth Musketeers	19:28
15	56	Joseph Perry	Erme Valley Harriers	19:31
16	28	Ed Varcoe	Plymouth Harriers	19:41
17	2	Steve Burrows		19:44
18	169	Mike Wall		19:51
19	7	Douglas Webb	Plymouth Harriers	19:54
20	60	Andy Newcombe	Erme Valley Harriers	20:16
21	98	Jane Allison	Plymouth Harriers	20:26
22	59	Matthew Brown	Erme Valley Harriers	20:39
23	199	James Spencer	Roman Gladiators	20:46
24	10	Guy Petersen		20:48
25	15	Mike Hansen	Erme Valley Harriers	20:56
26	186	Darren Hewlett		21:02
27	42	Paul Hegarty		21:05
28	30	Justin Smith	Plymouth Harriers	21:13
29	96	Ian Lamerton	Plymouth Tri Club	21:26
30	142	Dean Barrett	Tamar Trotters	21:31
31	51	Molly Northmore	Erme Valley Harriers	21:52
32	195	James Ashforth	Plymouth Musketeers	21:55
33	167	David Spreadbridge		22:03
34	168	Nick Wall		22:06
35	159	Alex Tucker		22:15
36	153	Laurence Harris	Erme Valley Harriers	22:22
37	100	Tim O'Hare	Plymouth Musketeers	22:30
38	194	James Payne	Roman Gladiators	22:46
39	8	Mark Pearson	Plymouth Musketeers	22:57
40	189	Tilly McDowell	Tavistock AC	22:58
41	92	Hamish Harris	Erme Valley Harriers	23:12
42	176	Eddie Morgan		23:31
43	190	D Northcott		23:35
44	191	Pete Thorne		23:36
45	52	Paul Ginter		23:42

46	200	Daniel Murdoch	Roman Gladiators	23:45
47	104	Alison Caldwell	Plymouth Musketeers	23:55
48	46	Miranda Burke	Plymouth Harriers	23:59
49	90	Richard Lewis		24:39
50	175	Simon Fewings	Plymouth Musketeers	24:44
51	109	Joe Easterbrook	Argyle Musketeers	24:47
52	87	Mark Betty		24:47
53	93	Steve Harris		24:49
54	102	Susan Darke	Plymouth Musketeers	24:49
55	179	Richard Winsor-Malven		24:55
56	43	Paul Elliott		24:56
57	161	Nigel Case		24:57
58	68	Jennifer Sabine	Tavistock AC	25:03
59	117	Jack Hill	Argyle Musketeers	25:17
60	111	Evan Brumhead	Argyle Musketeers	25:17
61	97	Scott Green	Plymstock RR	25:19
62	94	Linda Bracher	Erme Valley Harriers	25:24
63	157	Chris Rollinson		25:27
64	188	Adrian Searl		25:42
65	44	Samantha Perry	Erme Valley Harriers	25:42
66	3	Kate Phillips	Plymstock RR	25:42
67	48	Paul Worsfold	Plymstock RR	25:43
68	25	Helen Jordan		25:48
69	67	Louis McCracken		25:56
70	9	Nicole Balmer	Plymouth Musketeers	25:58
71	146	Helen Perry		26:11
72	178	Rodney Hillebrandt	Plymouth Musketeers	26:12
73	27	Kelie Boylin	Plymouth Harriers	26:14
74	69	Rachel Scott	Plymouth Musketeers	26:16
75	37	Jennifer Williams	Plymouth Harriers	26:16
76	55	Kate Rogers	Tavistock AC	26:18
77	113	Brandon Dawe	Argyle Musketeers	26:19
78	84	David Salvage	Tamar Trotters	26:20
79	14	Carol Hansen	Erme Valley Harriers	26:22
80	152	Ben Nicholson	Tamar Trotters	26:35
81	163	Sharon Terry	Erme Valley Harriers	26:37
82	177	Maggie Lewis	Plymouth Musketeers	26:44
83	181	Sandra Williams	Plymstock RR	26:47
84	156	Jude Howell		26:48
85	16	Tracy Wakeham		26:53
86	4	Clare Phillips		27:02
87	134	Eleanor Bray	Argyle Musketeers	27:02
88	140	Bryan King	Plymouth Musketeers	27:27
89	91	Liz Gee	Plymouth Musketeers	27:27
90	182	Kate Aspinall	Plymstock RR	27:29
91	17	Lesley Allinson		27:31
92	88	Jackie Venning		27:32
93	160	Craig Bradley	Plymstock RR	27:56
94	39	Claire Young		27:58
95	141	Sharon Adams	Plymouth Musketeers	28:15

96	103	Mikey O'Connor	Plymouth Musketeers	28:15
97	164	Rhiannon Bailey	Tamar Trotters	28:20
98	108	Jo Gransden		28:23
99	6	Heidi Stanley		28:27
100	85	Mark Rescorl		28:47
101	184	Becky Horne	Plymstock RR	28:53
102	101	Karen Ohare	Plymouth Musketeers	28:58
103	197	Bridgitte Worth	Erme Valley Harriers	29:20
104	18	Emma Wavish		29:43
105	198	Jessica Taylor	Argyle Musketeers	29:47
106	63	Stanley Kellett	Plymouth Musketeers	29:48
107	115	Jack Kellett	Argyle Musketeers	29:48
108	36	Tara Davies		29:54
109	29	Karen Finn		29:56
110	54	Michelle Shaddick	Plymouth Musketeers	29:57
111	171	Fiona Coates		29:58
112	31	Sarah Nuttall-Worsley		29:59
113	64	Bev Bickley		30:03
114	180	Lindsay Hobbs		30:12
115	165	Marlan Spreadbridge		30:19
116	107	Jo Burt		30:29
117	72	Maggie Lamerton	Plymouth Musketeers	30:39
118	139	Louise King	Plymouth Musketeers	30:51
119	133	Abbey Nicholas	Argyle Musketeers	30:51
120	61	Linda Worsfold	Plymstock RR	30:55
121	162	Hazel Ellard		30:56
122	76	Suzanne Hehir		31:03
123	114	Summer Dawe	Argyle Musketeers	31:03
124	45	Janet Lynch		31:07
125	26	Nicola Lang		31:09
126	34	Max Davies		31:18
127	35	Matt Davies		31:20
128	77	Martin Digby	Plymstock RR	31:34
129	81	Alban Oliver		31:37
130	13	Owain Thomas	Plymouth Musketeers	32:02
131	70	Abigail Paine	Plymouth Musketeers	32:02
132	110	Ryan Pagne	Argyle Musketeers	32:40
133	170	Timothy Howes	Plymouth Coasters	32:45
134	5	Lucy Young		32:51
135	75	Russell Williams	Plymouth Musketeers	33:29
136	172	Jackie Meakin		33:30
137	49	Paisley Ginter		33:55
138	19	Dave Springbett		34:06
139	89	Dave Dane	Plymstock RR	34:11
140	196	Bev Findlay		34:22
141	24	Ali James		34:24
142	62	Angela Best		34:24
143	185	Aimi Hewlett Elliott		35:36
144	193	Callum Goss	Argyle Musketeers	36:01
145	173	Sam Goss	Plymouth Musketeers	36:02

146	32	Karey Baker		36:10
147	50	Mike Lee	Erme Valley Harriers	37:42
148	116	Isla Brumhead	Argyle Musketeers	38:12
149	80	Kelly Brumhead	Plymouth Musketeers	38:12
150	192	Jodie Stone	Argyle Musketeers	39:11
151	99	Jo Arnold		39:11
152	66	Ellen Best		41:24
153	21	Abbie James		41:24
154	33	Emily Conner		42:29
155	12	Arabella Lloyd		45:13
156	11	Claire Wilson		45:14
157	73	Katie Best		50:28
158	82	Rhiana Rees		50:28