

Winter 3K Series  
Central Park - Wednesday 11th March

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1	6	Oli Wright	UPAC	9.56
2	327	Jordan Blair	UPAC	10.04
3	794	Simon Anderson	COPAC	10.11
4	192	Graham Bale	Plymstock RR	10.36
5	34	Alex Vasilyev	UPAC	10.55
6	609	Tom Brew	Tavistock AC	11.02
7	628	Richard Maunder	Plymouth Tri Club	11.19
8	251	Andrew Meredith	UPAC	11.25
9	635	Graham Florey		11.31
10	457	Jack Northmore		11.39
11	137	Jane Allison	Plymouth Harriers	11.40
12	620	Freddie Williams	Tavistock AC	11.41
13	525	Steven Laity		11.49
14	9	Alex Jenkins	UPAC	11.55
15	92	Darren Hewlett		11.56
16	604	Brook Adnitt	Tavistock AC	11.58
17	451	Natasha Farrington	Tavistock AC	12.10
18	445	Gary Martin	Plymouth Musketeers	12.27
19	458	Molly Northmore	Erme Valley Harriers	12.48
20	412	Jenny Milburn	Tavistock AC	12.51
21	373	Russ Mogridge	Erme Valley Harriers	12.53
22	798	Nicole Beck		13.01
23	25	Mike Beattie	Plymouth Harriers	13.03
24	140	Daniel Oak	Plymstock RR	13.08
25	566	Ryan Platten-Higgins	Plymouth Musketeers	13.09
26	452	Ian Lamerton	Plymouth Tri Club	13.22
27	444	Dean Rollerson		13.26
28	519	Mike Anderson		13.26
29	394	Ben Nicholson	Tamar Trotters	13.45
30	511	Holly Kinsey	Tavistock AC	13.55
31	146	Mike Saunders	Plymouth Musketeers	14.00
32	376	Jade Kinsey	Tavistock AC	14.06
33	172	William Dax	Tavistock AC	14.07
34	74	David Bennett	Plymouth Musketeers	14.08
35	119	Evan Brumhead	Argyle Musketeers	14.09
36	198	Aimee-Leigh Clowes	Tavistock AC	14.10
37	499	Alistair Kinsey	Tavistock AC	14.16
38	244	Michael Cookson		14.20
39	12	Georgia Carrington	UPAC	14.36
40	526	Jim Andrews	Plymouth Musketeers	14.40
41	522	Sharon Lang	Plymouth Musketeers	14.59
42	10	Jack Cooper	UPAC	15.12
43	436	Rachel Scott	Plymouth Musketeers	15.16
44	793	Ruth Terry	Erme Valley Harriers	15.30
45	477	Carol Hansen	Erme Valley Harriers	15.32

46	406	BrandonDawe	Argyle Musketeers	15.36
47	190	Liz Gee	Plymouth Musketeers	16.04
48	368	Katy Mogridge	Erme Valley Harriers	16.07
49	792	Sharon Terry	Erme Valley Harriers	16.09
50	415	Kirsten Nosworthy	Plymouth Coasters	16.11
51	410	Heather O'Connell		16.16
52	37	Louise King	Plymouth Musketeers	16.43
53	391	Bryan King	Plymouth Musketeers	16.43
54	449	Louis McCracken		16.52
55	122	Jack Kellett	Argyle Musketeers	16.54
56	400	Zoe Arnold	Argyle Musketeers	16.57
57	466	Rodney Hillebrandt	Plymouth Musketeers	17.10
58	103	Eleanor Bray	Argyle Musketeers	17.40
59	110	Abbey Nicholas	Argyle Musketeers	17.42
60	128	Ryan Payne	Argyle Musketeers	18.31
61	118	Summer Dawe	Argyle Musketeers	18.52
62	111	Isla Brumhead	Argyle Musketeers	18.56
63	554	Bethan Skelton	Argyle Musketeers	19.14
64	32	Kelly Brumhead	Plymouth Musketeers	19.20
65	56	Michelle Shaddick	Plymouth Musketeers	19.25
66	342	Nina Shillabeer	Plymstock RR	20.28
67	352	Richard Walters	Plymstock RR	20.28
68	480	Simon Ashfold	Moorhaven RC	20.38