

Winter 3K Series
Central Park - Wednesday 11th February

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1	474	Jack Hutchens	UPAC	9.41
2	172	William Dax	Tavistock AC	10.01
3	191	Joshua Blake	Tavistock AC	10.23
4	2	Pete Waumsley	Tamar Trotters	10.29
5	462	Ben Carthy		10.34
6	8	Michael Jarvis	UPAC	10.35
7	192	Graham Bale	Plymstock RR	10.37
8	266	Chris Williams	UPAC	10.48
9	34	Alex Vasilyev	UPAC	10.49
10	36	Victoria Weir	COPAC	10.55
11	454	Iain Lazenby		11.14
12	422	Simon Jefferies	UPAC	11.25
13	417	James Rygate	UPAC	11.28
14	437	Brendan Anderson		11.45
15	457	Jack Northmore		11.47
16	92	Darren Hewlett		11.54
17	137	Jane Allison	Plymouth Harriers	11.55
18	463	David Bentley		11.57
19	9	Alex Jenkins	UPAC	12.00
20	194	James Gill	Tamar Trotters	12.03
21	22	Justin Smith	Plymouth Harriers	12.07
22	451	Natasha Farrington	Tavistock AC	12.17
23	475	Phil Bates	Torbay AC	12.21
24	445	Gary Martin	Plymouth Musketeers	12.31
25	388	Adam Tofield	Tavistock AC	12.34
26	434	Emma Ryder	Tavistock AC	12.34
27	450	Andrew Sims	East Cornwall Harriers	12.36
28	140	Daniel Oak	Plymstock RR	12.49
29	458	Molly Northmore	Erme Valley Harriers	12.52
30	478	Kat Cotton	UPAC	12.54
31	432	Steven Hingston		13.00
32	25	Mike Beattie	Plymouth Harriers	13.13
33	395	Simon Ayres		13.15
34	460	Angus McCubbine		13.25
35	473	Michael Hockey	Plymouth Musketeers	13.28
36	444	Dean Rollerson		13.33
37	471	Andrew Fisher		13.36
38	439	Shaun Boothroyd		13.39
39	119	Evan Brumhead	Argyle Musketeers	13.41
40	146	Mike Saunders	Plymouth Musketeers	13.43
41	469	Mariela Birkenshaw		13.44
42	12	Georgia Carrington	UPAC	13.45
43	421	Tim O'Hare	Plymouth Musketeers	13.46
44	10	Jack Cooper	UPAC	13.51
45	299	Stephanie Ong	UPAC	13.54

46	452	Ian Lamerton		14.00
47	384	Lisa Pawley	Plymouth Musketeers	14.33
48	274	Hannah Paul	Guilford & Godalming AC	14.41
49	247	Jack Stinton-Bainbridge	Plymstock RR	14.42
50	430	Marie Hannam	Plymouth Musketeers	14.43
51	390	Clare Featherstone	Plymstock RR	14.46
52	198	Aimee-Leigh Clowes	Tavistock AC	14.51
53	449	Louis McCracken		14.54
54	465	Paul Casey		14.55
55	470	Steve Davis	Plymouth Musketeers	14.57
56	436	Rachel Scott	Plymouth Musketeers	15.09
57	472	Benjamin Watts		15.13
58	477	Carol Hansen	Erme Valley Harriers	15.44
59	318	Omolara Jones	UPAC	15.46
60	461	Samantha Lock		15.54
61	476	Lesley Hitchen	Plymouth Musketeers	16.10
62	448	Chris French		16.15
63	122	Jack Kellett	Argyle Musketeers	16.22
64	415	Kirsten Nosworthy	Plymouth Coasters	16.28
65	464	Stacey Dyer		16.37
66	453	Dawn Lamerton	Plymouth Tri Club	16.41
67	190	Liz Gee	Plymouth Musketeers	16.48
68	479	Paula Montgomery		17.25
69	400	Zoe Arnold	Argyle Musketeers	17.50
70	456	Joanne Arnold		17.56
71	459	Alison Wilson		18.12
72	110	Abbey Nicholas	Argyle Musketeers	18.19
73	791	Bob Burton	Plymstock RR	18.38
74	468	Fraser Morrice		19.06
75	455	Alison Pearse		20.56
76	466	Rodney Hillebrandt	Plymouth Musketeers	21.04
77	467	Graham Brumhead		30.52
78	428	Kelly Brumhead	Plymouth Musketeers	30.52
79	56	Michelle Shaddick	Plymouth Musketeers	30.52
80	37	Louise King	Plymouth Musketeers	30.52