

Winter 3K Series
Central Park - Wednesday 10th December

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1	191	Joshua Blake	Tavistock AC	10.04
2	172	William Dax	Tavistock AC	10.18
3	36	Victoria Weir	COPAC	10.36
4	8	Michael Jarvis	UPAC	10.42
5	266	Chris Williams	UPAC	10.45
6	411	Hannah Blair	Torrington AC	10.59
7	327	Jordan Blair	UPAC	11.06
8	419	Josh Davies	Tavistock AC	11.11
9	250	Steve Baker	Tamar Trotters	11.12
10	34	Alex Vasilyev	UPAC	11.21
11	417	James Rygate	UPAC	11.23
12	422	Simon Jefferies	UPAC	11.35
13	89	Kai Croft	COPAC	11.37
14	137	Jane Allison	Plymouth Harriers	11.51
15	418	Kieran Spittle	UPAC	11.53
16	420	Michael Miners	Plymouth Musketeers	11.57
17	92	Darren Hewlett		12.01
18	146	Mike Saunders	Plymouth Musketeers	12.07
19	140	Daniel Oak	Plymstock RR	12.31
20	385	Rhiannon Anderson	UPAC	12.33
21	429	Dean Barrett	Tamar Trotters	12.36
22	373	Russ Mogridge	Erme Valley Harriers	12.38
23	432	Steven Hingston		12.50
24	394	Ben Nicholson	Tamar Trotters	12.56
25	412	Jenny Milburn	Tavistock AC	13.01
26	423	Gary Martin	Plymouth Musketeers	13.02
27	398	Jodie Stacey	Tavistock AC	13.03
28	395	Simon Ayres		13.08
29	431	John Manly		13.17
30	157	Jennifer Sabine	Tavistock AC	13.35
31	119	Evan Brumhead	Argyle Musketeers	13.39
32	421	Tim O'Hare	Plymouth Musketeers	13.41
33	425	Rob Shaddick	Plymouth Musketeers	13.51
34	244	Michael Cookson		13.53
35	374	Mark Bettey		13.55
36	299	Stephanie Ong	UPAC	14.01
37	379	Dave Reed		14.15
38	430	Marie Hannam	Plymouth Musketeers	14.20
39	198	Aimee-Leigh Clowes	Tavistock AC	14.28
40	390	Clare Featherstone	Plymstock RR	14.34
41	241	Sharon Adams	Plymouth Musketeers	14.39
42	376	Jade Kinsey	Tavistock AC	14.55
43	384	Lisa Pawley	Plymouth Musketeers	15.01
44	406	BrandonDawe	Argyle Musketeers	15.10
45	274	Hannah Paul	Guilford & Godalming AC	15.19

46	122	Jack Kellett	Argyle Musketeers	15.39
47	318	Omolara Jones	UPAC	15.40
48	37	Louise King	Plymouth Musketeers	15.45
49	141	Denise Bettey		15.52
50	368	Katy Mogridge	Erme Valley Harriers	15.59
51	403	Rob Clark	London City Runners	16.09
52	200	Tammie Ryder	Tavistock AC	16.22
53	190	Liz Gee	Plymouth Musketeers	17.01
54	415	Kirsten Nosworthy	Plymouth Coasters	17.04
55	414	Karla Court	Plymouth Coasters	17.10
56	56	Michelle Shaddick	Plymouth Musketeers	17.16
57	396	Sherrell Lomax		17.24
58	413	Vicky Milburn		17.40
59	382	Maurice Digby	Plymstock RR	18.15
60	426	Lorna Arkins	Plymouth Coasters	18.47
61	427	Ryan Organ		18.47
62	424	David Dane	Plymstock RR	18.50
63	387	Martin Digby	Plymstock RR	18.51
64	72	Jo Burt		18.56
65	90	Aimi Hewlett Elliott		18.58
66	342	Nina Shillabeer	Plymstock RR	19.06
67	352	Richard Walters	Plymstock RR	19.06
68	139	Jenny Barkell	Tavistock AC	19.33
69	118	Summer Dawe	Argyle Musketeers	19.52
70	111	Isla Brumhead	Argyle Musketeers	20.11
71	428	Kelly Brumhead	Plymouth Musketeers	20.11
72	416	Mary Jo Cookson		22.27