

Summer 5K Series
Saltram - Wednesday 11th June

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1	1278	Chris Rimmer	Plymouth Harriers	16.11
2	475	Pete Waumsley	Tamar Trotters	16.50
3	1299	Owen Parkin	Erme Valley Harriers	18.07
4	1300	Simon Yeo	Tamar Trotters	18.12
5	1280	Andrew Perry	Erme Valley Harriers	18.24
6	467	Richard Maunder	Plymouth Tri Club	19.05
7	359	Christopher Woodfield	Aberystwyth University H	19.08
8	356	Ross Bailey	Plymouth Harriers	19.17
9	451	Guy Peterson	Tamar Trotters	19.29
10	442	Steve Burrows		19.34
11	1276	Steve Strachan	Falmouth RR	19.36
12	366	Adam Lake		19.54
13	1206	Andy Charles	Tamar Trotters	20.03
14	1281	Brian Burden		20.04
15	399	Matt Budd	Tamar Trotters	20.06
16	476	Joseph Perry	Erme Valley Harriers	20.07
17	1291	Daniel Baugh		20.27
18	1218	Neil McCarthy	Tamar Trotters	20.30
19	370	Simon Ulyett		20.32
20	472	Mike Hansen	Erme Valley Harriers	20.35
21	437	James Gill	Tamar Trotters	20.57
22	459	Jane Allison	Plymouth Harriers	21.01
23	390	Mike Beattie	Plymouth Harriers	21.03
24	1254	John Woolven-Allen	Plymouth Striders	21.41
25	365	Jon Lake		21.51
26	1222	Ben Tarrant	Plymstock RR	21.54
27	1293	James Ashforth		21.56
28	425	Thomas Gurry	Plymstock RR	22.08
29	1256	Mike Saunders	Plymouth Mustekeepers	22.10
30	1288	Joseph Lynch		22.12
31	1292	Ken Kingston		22.16
32	436	Ben Nicholson	Tamar Trotters	22.18
33	1289	Paul Paskins	Plymouth Harriers	22.25
34	1277	Natasha Farrington	Tavistock AC	22.30
35	1286	David Twine	Tavistock AC	22.30
36	1211	Tim O'Hare	Plymouth Mustekeepers	22.48
37	1252	Chris Whipp	Plymouth Mustekeepers	22.49
38	403	Simon Ayres		23.07
39	460	Dan Oak	Plymstock RR	23.27
40	1282	Phil Bees	Plymouth Mustekeepers	23.48
41	418	David Bennett	Plymouth Musketeers	23.52
42	362	Ryan Doonan		23.55
43	1285	Richard Ayson		24.04
44	405	Rachael Tarrant	Plymouth Musketeers	24.07
45	420	Michael Cookson		24.13

46	392	Tilly McDowell	Tavistock AC	24.15
47	1245	Dave Reed		24.33
48	1284	Matt Curtin		24.36
49	358	Sharon Lang	Plymouth Musketeers	24.47
50	355	Kirsty Ireland	Plymouth Mustekeepers	25.00
51	383	Zoe Drake		25.08
52	1203	David Spreadbridge		25.09
53	1212	David Johns	Plymouth Harriers	25.13
54	1262	Susan Darke		25.18
55	441	Jennifer Sabine	Tavistock AC	25.22
56	439	Joe Balsdon	Plymouth Harriers	25.25
57	395	Kate Rogers	Tavistock AC	25.29
58	1260	Jonathan Murphy		25.34
59	357	Bryan King	Plymouth Musketeers	25.46
60	361	Anna Andrews		25.47
61	1229	Nigel Case		25.51
62	1287	Joshua Lynch		26.08
63	1290	Jon Turfrey		26.10
64	478	Matthew Hutchinson		26.11
65	471	Sharon Adams	Plymouth Musketeers	26.17
66	1247	Simon Phillimore		26.27
67	1296	Denise Bettey		26.51
68	368	Lizzie Moore		27.00
69	1279	Laura Rogers	Tavistock AC	27.05
70	1261	Scott Green	Plymstock RR	27.11
71	473	Carol Hansen	Erme Valley Harriers	27.16
72	360	Louise King	Plymouth Musketeers	27.31
73	1221	Leon Nethercot		27.40
74	1297	Mark Bettey		27.40
75	1269	Bryan Short		27.51
76	401	Bob Burton	Plymstock RR	28.00
77	1298	Kate Aspinall	Plymstock RR	28.27
78	1220	Sherrel Lomax		28.31
79	369	Rob Clark	Tamar Trotters	28.35
80	1294	Kate Goddard		28.41
81	1227	Sandy Williams	Plymstock RR	28.57
82	1219	Becky Horne	Plymstock RR	28.58
83	1242	Michelle Shaddick	Plymouth Mustekeepers	29.00
84	1241	Rob Shaddick	Plymouth Mustekeepers	29.01
85	422	Sam Goss	Plymouth Musketeers	29.02
86	1226	Hannah Tarrant	Plymstock RR	29.14
87	1231	Craig Bradley		29.34
88	452	Mark Reslon	Tamar Trotters	29.44
89	367	Emma Green		30.07
90	363	Chris Newton	Plymouth Musketeers	30.22
91	1204	Marian Spreadbridge		30.38
92	1270	Liz Crudgington		30.45
93	1283	Leanne Forbes		32.04
94	1238	Dave Dane	Plymstock RR	32.11
95	1295	Carolyn McAteer		32.22

96	1213	Lucy Young		32.41
97	353	Karla Court	Plymouth Coasters	33.04
98	364	Sarah Dove		34.43
99	354	Jody Templeton	Plymouth Mustekeepers	34.58
100	1248	Emma Kerry		35.27
101	1258	Kathryn Weaver-Gore	Plymouth Mustekeepers	37.21