

Summer 5K Series  
Saltram - Wednesday 14th May

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1	475	Pete Waumsley	Tamar Trotters	16.51
2	1243	Allister Bristow	Erme Valley Harriers	17.05
3	400	Neil Holmes	Erme Valley Harriers	18.36
4	1234	Stephen Burns	COPAC	18.41
5	1249	Joshua Reed	Nene Valley Harriers	18.56
6	451	Guy Peterson	Tamar Trotters	19.24
7	432	Tom Pitcher	Tamar Trotters	19.35
8	409	Simon Swift	Erme Valley Harriers	19.42
9	388	Martin French	Plymouth Musketeers	19.49
10	1255	Steven Hill		19.51
11	479	Alison Thorn	Erme Valley Harriers	19.55
12	476	Joseph Perry	Erme Valley Harriers	20.00
13	442	Steve Burrows		20.02
14	1207	Allan Herdman	Tavistock AC	20.16
15	1206	Andy Charles	Tamar Trotters	20.25
16	454	Chris Holt		20.41
17	1256	Mike Saunders	Plymouth Mustekeepers	20.42
18	1217	Emma Lake	Erme Valley Harriers	20.51
19	459	Jane Allison	Plymouth Harriers	21.05
20	1273	Peter Reville		21.07
21	1218	Neil Mccarthy	Tamar Trotters	21.08
22	1257	Jaine Swift	Erme Valley Harriers	21.12
23	390	Mike Beattie		21.17
24	1254	John Woolven-Allen	Plymouth Striders	21.24
25	1253	Richard Best	Tavistock AC	21.46
26	437	James Gill	Tamar Trotters	21.53
27	387	Peter Chapman	Carn Runners	22.11
28	1205	Ken Summers	Erme Valley Harriers	22.17
29	460	Dan Oak	Plymstock RR	22.28
30	1271	Richard Andrews		22.33
31	1250	Jessica Burns	COPAC	22.35
32	1223	Harrison Roberts		22.50
33	1211	Tim O'Hare	Plymouth Mustekeepers	22.59
34	436	Ben Nicholson	Tamar Trotters	23.09
35	403	Simon Ayres		23.10
36	1252	Chris Whipp	Plymouth Mustekeepers	23.45
37	1203	David Spreadbridge		23.46
38	392	Tilly McDowell	Tavistock AC	23.55
39	391	Mark Foster		23.56
40	1245	Dave Reed		24.00
41	430	Rebecca Exley-Deane	Tavistock AC	24.04
42	472	Mike Hansen	Erme Valley Harriers	24.07
43	1264	David Pope	Plymouth Mustekeepers	24.16
44	419	Linda Bracher	Erme Valley Harriers	24.27
45	397	Jessica Williams	Tavistock AC	24.29

46	1216	Matt Haylock		24.32
47	418	David Bennett	Plymouth Musketeers	24.42
48	382	Jason Hyde	Plymouth Musketeers	25.04
49	1268	Kirst Ireland	Plymouth Mustekeepers	25.23
50	478	Matthew Hutchinson		25.24
51	1261	Scott Green	Plymstock RR	25.27
52	383	Zoe Drake		25.37
53	1260	Jonathan Murphy		25.39
54	1241	Rob Shaddick	Plymouth Mustekeepers	25.43
55	1202	Kayleigh Gentry		25.44
56	453	Laura Abell	Tamar Trotters	25.53
57	439	Joe Balsdon	Plymouth Harriers	26.10
58	1212	David Johns	Plymouth Harriers	26.20
59	1229	Nigel Case		26.22
60	1262	Susan Darke		26.26
61	1263	Sammy Wright		26.52
62	441	Jennifer Sabine	Tavistock AC	26.58
63	477	Kate Rogers	Tavistock AC	27.07
64	422	Sam Goss	Plymouth Musketeers	27.08
65	473	Carol Hansen	Erme Valley Harriers	27.10
66	1269	Bryan Short		27.11
67	1259	Mark Nicholls		27.15
68	452	Mark Reslon	Tamar Trotters	27.25
69	1232	Edward Fileman	Tavistock AC	27.38
70	1233	Elaine Fileman		27.43
71	1267	Barrie Swift		27.45
72	1266	Ian McCarthy		27.53
73	1274	Steven Hingston		28.00
74	1236	Sam Gaigh		28.04
75	457	Ruth Terry	Erme Valley Harriers	28.09
76	1221	Leon Nethercot		28.12
77	440	Clare Sampson		28.44
78	1265	Lai-Yin Wong Brooks	Plymouth Harriers	28.46
79	1235	Sam Roberts		28.50
80	1227	Sandy Williams	Plymstock RR	28.54
81	1219	Becky Horne		28.54
82	1214	Claire Young		28.56
83	1242	Michelle Shaddick	Plymouth Mustekeepers	29.10
84	1215	Lorraine Davies	Plymouth Mustekeepers	29.14
85	1204	Marian Spreadbridge		29.36
86	1224	Alistair Cruickshank		29.40
87	1220	Sherrel Lomax		29.42
88	431	Dave Pitcher	Tamar Trotters	29.45
89	455	Hazel Ellard		29.53
90	1237	Jason Stoad		30.18
91	1222	Ben Tarrant	Plymstock RR	30.22
92	1226	Hannah Tarrant	Plymstock RR	30.22
93	1270	Liz Crudgington		30.26
94	1231	Craig Bradley		30.56
95	1209	Geri Hames		31.31

96	1210	Alison Hames		31.40
97	1228	Carolyn McAteer		32.19
98	1213	Lucy Young		32.33
99	1208	S. Campkin		32.42
100	1230	Olivia Hart		33.00
101	1238	Dave Dane	Plymstock RR	33.00
102	1275	Andrea Cato		34.18
103	1225	Vicky Bradley		34.26
104	1272	Samantha Harrison		34.42
105	1244	Jody Templeton	Plymouth Mustekeepers	34.49
106	1246	Tracy Phillimore		35.11
107	1247	Simon Phillimore		35.11
108	1239	Sara Sheldon		35.39
109	1240	Clare Gill		35.40
110	1248	Emma Kerry		36.06
111	1251	Amanda Oleary		36.32
112	1258	Kathryn Weaver-Gore	Plymouth Mustekeepers	37.41