

Plymouth Hoe 10 2012 Entry List

<u>Num.</u>	<u>FirstName</u>	<u>LastName</u>	<u>Club</u>	<u>Cat</u>
522	Sarah	Abrams	Plymouth Musketeers	FV45
116	Anne	Acton		FV55
117	Paul	Acton		SM
308	Craig	Adams		SM
326	David	Adams	Bere Alston Trekkers	MV45
327	Pam	Adams	Bere Alston Trekkers	FV45
421	Sharon	Adams	Plymouth Musketeers	FV35
102	John	Aked		SM
388	Tanya	Alexander		SF
410	Eroy	Alexis		SM
245	Peter	Allen	Newquay Road Runners	MV50
65	Jane	Allison	Plymouth Harriers	FV35
292	Jenny	Almey	Cornwall Athletic Club	SF
5	Daniel	Alsop	St Austell Running Club	SM
158	Brendan	Anderson		SM
266	David	Anderson	Torrington Athletic Club	MV60
420	Jo	Anderson	Plymstock Road Runners	FV35
98	Chris	Andrews	Plymouth Musketeers	MV45
419	Mark	Andrews	East Cornwall Harriers	MV55
304	Linda	Ansell	Newquay & Par	FV45
15	Shaun	Antell	Bristol & West AC	SM
146	Helen	Anthony	Teignbridge Trotters	SF
362	David	Appleton		SM
265	Damrah	Arbab	Plymouth Harriers	SM
474	Robert	Austin		MV45
213	Steve	Babb	Launceston Road Runners	MV45
248	Lesley	Badock	Plymouth Harriers	FV50
210	Matthew	Ball		SM
169	Nicole	Balmer	Plymouth Musketeers	SF
41	Tiago	Bandeira De Lima		SM
333	Catherine	Barnes	Teignbridge Trotters Non-Scoring	FV40
108	Simon	Barrett	Instinctive Sports	MV50
80	Peter	Bazley	Tavistock Athletic Club	MV55
32	Samantha	Beare	South West Road Runners	SF
334	Michael	Beattie	Plymstock Road Runners	MV60
342	Carly	Benefer		SF
70	Jim	Bennet	Tamar Trotters	MV65
516	Carl	Bennett	Newton Abbot A.C.	SM
27	Alison	Benson		FV50
320	Steven	Best	Tamar Trotters	SM
312	Jo	Billyard	Teignbridge Trotters Non-Scoring	FV50
428	Mark	Bird	Devon Fire & Rescue	MV40
172	Gary	Bishop		SM
469	Sera	Blewitt		FV35
54	Raymond	Bolt	Plymouth Coasters	MV50
390	Phil	Bolt	Cornwall Athletic Club	MV40

199	Natalie	Bond		FV40
150	Simon	Boobyer	Teignbridge Trotters	SM
497	Suzy	Bosustow	Cornwall Athletic Club	FV35
478	Guy	Boswell	Plymouth Musketeers	MV45
254	Robert	Bourne		MV45
76	Keith	Bowles	Tavistock Athletic Club	MV65
133	Sharon	Bowman	Teignbridge Trotters	FV45
272	Kellie	Boylin	Plymouth Harriers	SF
488	Dawn	Bradley		FV35
546	Mark	Bradley		SM
465	Suzanne	Brent		SF
154	Richard	Brewer		NDB
451	Mark	Bricknell	Plymstock Road Runners	MV50
192	Joanne	Bridge		FV40
538	Rebecca	Bridgman	Tamar Trotters	FV35
57	Lee	Broadbent	Tamar Trotters	MV45
345	Gary	Brooks	Tamar Trotters	MV45
453	James'Lee	Brooks		SM
317	Nikki	Broomfield	Plymstock Road Runners	FV35
38	David	Brown	Truro Running Club	MV45
64	Ray	Brown	Torbay Athletic Club	MV65
152	John	Brown	Launceston Road Runners	MV55
380	Ashley	Brown Williams		MV45
148	Darren	Bruce	Plymouth Harriers	SM
216	Daniel	Budd	Tamar Trotters	SM
427	Claire	Budge	St Austell Running Club	FV35
426	Katie	Bullock	St Austell Running Club	SF
412	Ben	Burgoyne		SM
126	Donna	Burke	Plymouth Musketeers	FV45
504	Edd	Butters		SM
100	Andrea	Butterworth	Plymstock Road Runners	FV45
164	Christine	Caine		FV50
400	Alison	Caldwell Pinto		FV35
530	Mark	Callaghan	Tamar Trotters	MV45
494	Martin	Canty		SM
178	Michael	Carpenter	Launceston Road Runners	MV60
34	John	Carter	Plymstock Road Runners	MV45
35	Debbie	Carter	Plymstock Road Runners	FV40
447	Martin	Carter	Plymstock Road Runners	MV40
29	Adam	Caunter	Teignbridge Trotters	SM
30	Gary	Caunter	Teignbridge Trotters Non-Scoring	MV45
175	Tina	Caunter	Teignbridge Trotters	FV50
454	Andrew	Chapman		MV50
25	Carolyn	Chelley		FV40
502	Nick	Chick		SM
371	Peter	Childs		MV55
512	Tracy	Childs	Plymouth Musketeers	FV45
51	Caroline	Clark	Teignbridge Trotters	FV40
52	Gary	Clark	Teignbridge Trotters	MV40
396	Sonya	Clark		FV35

267	Chris	Cleave	Teignbridge Trotters	MV45
273	Russell	Cleave	Torbay Athletic Club	SM
448	Joanne	Clements		FV35
449	Richard	Clements		SM
174	Michael	Clifford	Widewell Striders	MV50
16	Jim	Cole	Tavistock Athletic Club	SM
374	Lydia	Collins	East Cornwall Harriers	SF
228	Tamsin	Cook	Teignbridge Trotters	FV40
291	Bill	Cook	Tamar Trotters	MV45
379	Lorna	Cook		SF
481	Stephen	Cooksley	Plymstock Road Runners	MV45
91	John	Cooper	Plymouth Harriers	SM
397	Andy	Cooper		MV50
324	David	Cordwell	Carbeile Cruisers	MV60
104	Karla	Court	Plymouth Coasters	FV35
193	LESLEY	COWIE	Tavistock Athletic Club	FV45
417	Ben	Cowley		SM
315	Amanda	Craven	Tamar Trotters	FV45
261	Helen	Critchley	Plymouth Harriers	FV45
167	John	Crocker	Teignbridge Trotters	MV45
229	Lee	Crocker	East Cornwall Harriers	SM
544	ANDY	CRUIKS		MV40
212	Alexandra	Cutts	South West Road Runners	SF
274	Phil	Dale		SM
287	Neil	Damerell	Plymouth Harriers	SM
184	David	Dane	Plymstock Road Runners	MV65
71	Philippa	Davey		FV45
87	Leesa	Davey		FV35
134	Geoff	Davey	Bitton Road Runners	SM
547	Claire	Davidson	East Cornwall Harriers	FV40
123	Lorraine	Davies	Plymstock Road Runners	FV50
285	Claire	Davis	Plymouth Harriers	SF
119	Heidi	Dawe		FV35
344	Nikki	Demosthenou	Tamar Trotters	FV40
17	James	Denne	Exeter Harriers	SM
189	Julie	Deuchars	Erme Valley Harriers	FV40
438	Alana	Devereux		FV50
89	Kevin	Digby	Plymouth Harriers	SM
66	Elvira	Donovan	Plymouth Harriers	SF
405	Kevin	Dorman		SM
375	Mark	Downer	Tamar Trotters	SM
238	Beverley	Dowrick	Plymstock Road Runners	FV35
239	Deborah	Drake	Torbay Athletic Club	FV45
541	John	Drennan	South Devon Athletic Club	MV55
493	Michelle	Dudley	St Austell Running Club	FV40
170	Katrina	Duignan	Teignbridge Trotters	FV45
94	Jan	Duke	Tamar Trotters	MV65
532	Robert	Dunford		MV45
406	James	Dunn		SM
253	Jim	Durston	South West Road Runners	MV45

157	Stacey	Dyer		SF
11	Helen	Dyke	Poole Runners	FV35
542	Linda	Eastmond		FV45
78	Caroline	Erickson	Plymouth Musketeers	FV40
430	Anthony	Fairchild		MV40
476	Emily	Faircloth		SF
147	Clare	Featherstone	Plymstock Road Runners	FV50
384	Catherine	Fewings	Torbay Athletic Club	FV45
443	Naomi	Flanagan	South Devon Athletic Club	SF
444	Evalyn	Flanagan		FV55
242	Michael	Flavelle		MV50
241	Peter	Ford	Plymstock Road Runners	MV45
318	Morag	Ford	Bude Rats	FV45
331	Donna	Francis	Newquay Road Runners	FV55
373	Donna	Freeman		SF
381	Alan	French		MV60
464	Craig	Fritzsche	Plymouth Musketeers	SM
141	Hamish	Gallagher		SM
74	Andrew	Genge		SM
458	Stephen	Gentle	East Cornwall Harriers	SM
240	Becky	George	Teignbridge Trotters	FV45
459	Keith	George	Teignbridge Trotters Non-Scoring	MV45
321	Keith	Gleed	Tamar Trotters	MV60
128	Matthew	Golding	Plymstock Road Runners	SM
293	Simon	Gooch	Plymouth Coasters	MV40
162	Tori	Goodman		SF
411	Sam	Goss	Plymouth Musketeers	FV40
466	Alan	Green	East Cornwall Harriers	MV55
270	Ray	Haines		MV60
401	Paul	Hallas		SM
209	Ruth	Hamblin	Tamar Trotters	FV45
105	Mark	Hamling	Teignbridge Trotters	MV50
498	Garry	Harding		SM
24	Wayne	Hardman		MV40
486	Sam	Harper		SM
533	Stacey	Harries		SF
194	Shaun	Harris	Tamar Trotters	MV45
244	Patrick	Hartop		MV45
492	David	Hawes		SM
129	David	Hawke	Erme Valley Harriers	MV65
310	Joanne	Haynes	Teignbridge Trotters	FV35
111	Simon	Healy		SM
139	Sharon	Healy		FV40
203	Tessa	Hearfield	Torbay Athletic Club	FV55
72	Julie	Hedges	South West Road Runners	FV45
214	Luke	Heesom	Plymouth Coasters	SM
521	David	Helson		SM
106	Sue	Hewings	Newton Abbot A.C.	FV45
107	Carrie-Anne	Hewings	Teignbridge Trotters	SF
145	Irene	Hewings	Torbay Athletic Club	FV55

234	Chris	Hewlins		SM
62	Vic	Hibbert	Plymouth Musketeers	MV55
196	Stephen	Hill	Plymouth Harriers	MV55
118	Mark	Hillier		MV40
407	Sarah	Hirons	Instinctive Sports	SF
47	David	Hodgins		MV40
425	Simon	Holder	Widewell Striders	MV45
366	Paul	Holland	Maidstone Harriers	MV45
177	Alan	Hoskin	Erme Valley Harriers	SM
219	Rachel	Hoskin		FV40
369	David	Hoskin		MV40
180	Kathryn	Hough	South West Road Runners	FV50
433	Shelia	Houghton	Tavistock Athletic Club	FV55
490	Sue	Houlberg		FV35
227	Ken	House	South Devon Athletic Club	MV65
82	Kate	Howard	Plymouth Musketeers	FV50
517	Tom	Howell	St Austell Running Club	SM
18	Ashley	Humphreys	Torbay Athletic Club	SM
39	David	Hurrell	Plymstock Road Runners	SM
322	Sharon	Hutchins	Teignbridge Trotters	FV35
323	Mark	Hutchins	Teignbridge Trotters	MV45
482	Scott	Ivins	Tamar Trotters	SM
501	Alex	Jack	Plymouth Coasters	SM
307	Jane	Jackson	Okehampton Running Club	FV55
58	Ivan	Jeary	UK Net Runner.co.uk	MV40
19	Mark	Jenkin	Bideford A.A.C.	SM
33	Glyn	Jenkins	Ryde Harriers	MV55
236	John	Jewell		MV60
275	Jemma	Jewell		SF
86	Alison	Johns		FV45
385	David	Johns	Plymouth Harriers	MV50
503	Gary	Johns		MV45
513	Emily	Johns		SF
257	Ian	Johnson	South West Veterans AC	MV50
495	Simon	Johnson	South Devon Athletic Club	MV40
63	Dan	Jones	Plymstock Road Runners	SM
96	Julian	Jones	Torbay Athletic Club	MV40
137	Marie	Jones	Dartmouth A.A.C.	FV55
143	Alan	Jones	Plymstock Road Runners	MV60
165	Mark	Jones	Plymouth Harriers	SM
206	David	Jones		MV40
455	Ieuan	Jones	Plymouth Musketeers	SM
524	Lucy	Jones	Plymouth Coasters	SF
525	Linda	Jones	Plymouth Coasters	FV55
23	Helen	Jordan		FV45
249	Joe	Kearns	Launceston Road Runners	MV45
182	Jim	Keen	Tamar Trotters	MV40
441	Isla	Kennedy	Plymstock Road Runners	SF
346	Graham	Kent	Plymouth Musketeers	MV50
429	Mike	Kestle	Newquay Road Runners	MV55

6	Noel	Kindon	Cornwall Athletic Club	SM
422	Bryan	King	Plymouth Musketeers	MV55
473	Robbie	Kings		SM
319	Miranda	Kinrade	Plymouth Musketeers	FV40
269	Amy	Kiteley		SF
252	Roger	Kitteridge	Plymouth Harriers	MV60
114	Jon	Lake	Erme Valley Harriers	MV50
161	Emma	Lake	Erme Valley Harriers	FV35
445	Kai	Lam		FV45
341	Edward	Lamb		SM
263	Zoe	Lavers	Widewell Striders	FV35
7	Peter	Le Grice	Mounts Bay Harriers	SM
151	Jeffrey	Lea	Tavistock Athletic Club	MV60
389	Jill	Levoi		FV45
59	Michael	Lewis	Fareham Crusaders	MV40
351	Ian	Lilly		MV50
340	Serena	Litherland	Torbay Athletic Club	SF
142	Douglas	Little	Plymouth Musketeers	MV45
50	Alan	Lomax		MV60
53	Valerie	Lomax		FV55
399	Phil	Lord	Erme Valley Harriers	SM
418	Paul	Lovell	Plymouth Harriers	MV50
523	James	Lucas		MV40
2	Anne	Luke	Tamar Trotters	FV50
224	Shaun	Lukehurst		MV45
358	Ian	Luya	Plymouth Musketeers	MV45
359	Michael	Luya	Plymouth Musketeers	SM
200	Rebecca	Mabelle		SF
220	Stephen	Mace		MV45
364	Jodie	Macmillan	Plymouth Musketeers	SM
256	Jane	Maddison		FV45
243	Sue	Maffey	Plymstock Road Runners	FV50
26	Steven	Mahoney		SM
136	Amy-Louise	Mann		SF
337	Jacqueline	Mann	Plymstock Road Runners	FV40
338	Michael	Mann		MV45
543	Neil	Marke		MV45
514	Paul	Martin		SM
68	Lance	Mason	Teignbridge Trotters	MV50
507	Dave	Mathias	Plymouth Musketeers	MV50
549	David	Matthams	Instinctive Sports	MV45
328	Richard	Maunder	Plymouth Tri Club	SM
479	Joanne	May	Tamar Trotters	SF
487	Kirsty	Maycock		SF
12	Alison	McEwing	Erme Valley Harriers	SF
73	Tracy	McFadden	Bodmin Womens Running Club	FV45
378	Philip	McHale		MV50
93	Myra	McKay	Erme Valley Harriers	FV55
536	Amanda	McOwan		SF
484	Janette	McPherson	Tamar Trotters	FV40

159	Mark	Mills-Hemming		MV40
144	Marissa	Milton	Brixham Harriers	FV40
349	Rebecca	Mingo	Tavistock Athletic Club	SF
350	Paul	Mingo		MV40
110	Steven	Monaghan	Torbay Athletic Club	MV45
131	Peter	Monaghan	Torbay Athletic Club	MV45
353	Kim	Moody		SF
127	Jonathan	Morcom		MV40
97	Sean	Morris	Tamar Trotters	MV40
461	Stephen	Morris	Carbeile Cruisers	MV55
485	Richard	Morton	Tamar Trotters	MV55
472	Warren	Moyses	Plymstock Road Runners	MV40
125	Rebecca	Mudd	Launceston Road Runners	SF
185	Barrington	Mudd		MV60
115	Kylie	Mudge	Brixham Harriers	FV40
440	Sophie	Mummery	North Devon Road Runners	SF
195	Vicky	Murphy	Plymouth Harriers	SF
218	Neil	Mytton	Plymouth Harriers	SM
8	Dan	Nash	East Cornwall Harriers	SM
452	Ben	Neale		SM
432	Mark	Nicholas	Plymstock Road Runners	SM
409	Oliver	Nokes	Tamar Trotters	SM
539	Claire	Oakley	Tamar Trotters	FV40
155	David	Oliver	Plymstock Road Runners	MV45
156	Iona	Oliver	Plymstock Road Runners	FV45
309	Ben	Oman		SM
398	Zena	O'Rourke		FV45
28	Kathryn	Osborn	Hayle Runners	FV50
79	Sarah	Owen	Plymouth Musketeers	FV40
208	Michael	Page	Plymouth Musketeers	MV45
343	Neil	Pallant	Teignbridge Trotters	MV40
262	Stuart	Parkes	Torbay Athletic Club	SM
235	Jennifer	Parkin		SF
283	Shaun	Parkin	South West Road Runners	MV40
250	Gemma	Parkman	Plymouth Coasters	SF
103	Stephen	Parnell	Plymouth Coasters	MV50
510	Natalie	Parnell		SF
56	Sue	Pascoe	Erme Valley Harriers	FV35
217	Paul	Paskins	Plymouth Harriers	MV55
99	Kevin	Paull	Erme Valley Harriers	MV50
168	Mark	Pearson	Plymouth Musketeers	SM
303	Jason	Penprase	St Austell Running Club	MV40
166	Paul	Penrose		MV40
171	Phil	Perkins	Torbay Athletic Club	MV60
120	Gareth	Peter	Plymstock Road Runners	SM
446	Tim	Peters	Torbay Athletic Club	SM
42	Nic	Pettit	Tamar Trotters	MV60
85	Margaret	Phillimore	Plymouth Musketeers	FV55
176	Jenny	Pichowski	Dartmouth A.A.C.	FV35
329	Dave	Pickard	Launceston Road Runners	MV50

330	Linda	Pickard	Launceston Road Runners	FV45
221	Jonathan	Picken		MV40
69	Martin	Pipet	Liverpool Running Club	SM
197	Tom	Pitcher	Tamar Trotters	SM
198	David	Pitcher	Tamar Trotters	MV50
259	Jenny	Pitt	Tamar Trotters	FV35
305	Tim	Porter		MV45
365	Clare	Poulter	Okehampton Running Club	FV35
211	Chris	Prall	Tamar Trotters	SM
325	Gary	Pratt	Plymstock Road Runners	SM
295	James	Prentice	South West Road Runners	SM
414	George	Prewett		SM
251	Nicola	Putman	Plymouth Harriers	FV35
289	Carol	Quew	Plymouth Harriers	FV40
290	Russell	Quew	Plymouth Harriers	MV40
496	Anthony	Raine	Torbay Athletic Club	MV40
237	Jackie	Ralph	Tavistock Athletic Club	FV55
376	Ka	Rayment		FV45
377	Matt	Rayment		MV40
531	Kenny	Reeves	Tamar Trotters	MV55
535	Simon	Reid	City of Sheffield AC	SM
109	Kevin	Richards	Plymstock Road Runners	MV45
335	Roberta	Richardson	Plymouth Harriers	FV45
336	Michael	Richardson	Plymouth Harriers	MV50
233	Cynthia	Richings	Tamar Trotters	FV55
439	Paul	Riley	Cornwall Athletic Club	MV50
370	John	Ritchie		MV40
40	Michael	Roberts	Plymouth Harriers	MV60
232	Helen	Roberts	Plymstock Road Runners	FV35
354	Kerry	Roberts	Tiverton Harriers	MV50
435	Dean	Roberts		MV45
468	Shaun	Roberts	Plymouth Harriers	SM
489	Kate	Roberts		FV35
527	Dan	Rodgers	Launceston Road Runners	SM
475	Jill	Rose	Plymstock Road Runners	FV50
260	Duncan	Ross	Plymouth Coasters	SM
231	Roger	Rowe	Exmouth Harriers	MV65
247	Nicola	Rutherford		SF
226	Ian	Ryder		MV55
361	Alan	Ryder	Erme Valley Harriers	MV45
515	Chris	Sabine	Tamar Trotters	MV40
520	Margot	Saher		FV35
271	David	Salmon	Plymstock Road Runners	MV45
75	Gareth	Salvage		SM
95	David	Salvage	Tamar Trotters	MV60
518	Damian	Sandercock		MV40
463	Joanna	Sardella	Plymouth Musketeers	FV35
386	Neil	Sargent		MV45
90	Mark	Saunders	Plymstock Road Runners	SM
363	Mike	Saunders		SM

83	Len	Saxty	Instinctive Sports	MV60
347	Mark	Scrivener		SM
356	Ross	Shaddick		SM
255	Matthew	Shannon	Cirencester AC	SM
339	John	Shapland	North Devon Road Runners	MV55
368	Ian	Sharrock		MV60
348	Anthony	Shearer	Tavistock Athletic Club	MV55
277	Naso	Shemetras		FV45
526	Jamie	Shephard		SM
92	Nina	Shillabeer	Plymstock Road Runners	FV55
392	Lucy	Short	Plymouth Musketeers	SF
207	Clive	Shute	East Cornwall Harriers	SM
149	Emma	Sidebotham	Teignbridge Trotters	SF
88	Paul	Smith		MV50
160	Joanna	Smith		SF
230	Gary	Smith		SM
282	Wendy	Smith		FV40
284	Vanessa	Smith	South West Road Runners	FV40
311	Ashley	Smith	Plymouth Athletic Club	SM
480	Adam	Smith		SM
519	Hugh	Smith		SM
545	Richard	Smith	Plymouth Harriers	MV40
534	Claire	Smyly		FV45
9	Colin	Snook	Cornwall Athletic Club	SM
294	Mike	Snook	Tamar Trotters	MV45
436	Alen	Sparrow	Plymouth Harriers	MV60
467	Georgina	Speake	St Austell Running Club	SF
506	Richard	Spear		SM
188	Adam	Speare	Tamar Trotters	MV45
37	Max	Spence	Bude Rats	MV40
43	John	Stephens	Plymstock Road Runners	MV45
1	Emma	Stepto	Cornwall Athletic Club	FV40
450	James	Stevens	East Cornwall Harriers	SM
382	Samantha	Stevenson	North Devon Road Runners	SF
540	Heather	Stewart	Whitchurch Whippets	SF
408	Helen	Stimpson	Plymouth Musketeers	SF
415	Darren	Stockton		SM
548	Jacqueline	Stone		FV55
462	Jinny	Street	Torrington Athletic Club	FV40
372	Andy	Stride		MV45
306	Lynne	Sugg	Plymouth Harriers	FV55
288	Mark	Sully	Tamar Trotters	MV45
81	Ken	Summers	Erme Valley Harriers	MV60
61	Ellie	Sutcliffe	Exmouth Harriers	SF
402	Chris	Sweet		SM
499	Jaine	Swift	Erme Valley Harriers	FV40
500	Simon	Swift	Erme Valley Harriers	MV40
173	Philip	Symons	Plymouth Coasters	SM
471	Mark	Symons		MV40
67	Rachael	Tarrant	Plymstock Road Runners	FV40

44	Ben	Taylor		SM
45	Peter	Taylor	Plymouth Coasters	MV45
55	Mike	Taylor	Plymouth Tri Club	SM
181	Richard	Taylor	Plymouth Harriers	MV50
403	Adam	Taylor		SM
416	John	Taylor		MV45
431	Paul	Taylor		SM
140	Chris	Tetley	Plymouth Harriers	MV50
10	Justin	Thomas	Cornwall Athletic Club	SM
190	Alison	Thorn	Erme Valley Harriers	FV35
3	Naomi	Tier	Cornwall Athletic Club	SF
280	Dean	Titchener	Torbay Athletic Club	SM
132	David	Tomlin	Teignbridge Trotters	SM
537	Stephanie	Townsend	Torbay Athletic Club	SF
258	Neill	Travers	Erme Valley Harriers	SM
246	Ntully	Tremeer		FV40
296	Alan	Trevorrow		MV40
360	Andrew	Trigg	Erme Valley Harriers	MV45
20	Lee	Turner	Torbay Athletic Club	SM
332	Dawn	Turner	Plymstock Road Runners	FV40
505	John	Tweedie	Teignbridge Trotters	MV45
393	David	Twine	Tavistock Athletic Club	MV55
300	Chris	Ullman	East Cornwall Harriers	MV40
404	Andrew	Vallance	Okehampton Running Club	SM
112	Martin	Venning	Launceston Road Runners	MV60
113	Ann	Venning	Launceston Road Runners	FV55
316	Jackie	Venning		FV45
355	Paul	Vickers		SM
437	Adrian	Vinken	Plymouth Harriers	MV55
222	Roger	Voaden	Okehampton Running Club	MV45
528	Philip	Wainman		SM
434	Annie	Wakeham	Plymouth Harriers	FV55
483	Daniela	Walker	St Austell Running Club	FV35
424	Steven	Walklin	Tamar Trotters	MV45
187	Richard	Walters	Plymstock Road Runners	MV65
286	Paul	Walters	Plymouth Harriers	MV50
456	Thommy	Walters	Plymouth Musketeers	SM
301	Ewan	Walton	Teignbridge Trotters Non-Scoring	SM
183	Alan	Ward		SM
215	Donna	Ward	Tamar Trotters	FV40
264	Emily	Ward		SF
357	Richard	Warne	Plymstock Road Runners	MV45
457	Emma	Watkins	St Austell Running Club	FV40
423	Stephen	Watson	Erme Valley Harriers	MV60
278	Peter	Waumsley	Tamar Trotters	SM
529	Matthew	Wearne		SM
314	Kathryn	Weaver-Gore	Plymouth Musketeers	FV50
138	Kari-Ann	Webb	Dartmouth A.A.C.	SF
508	Roger	Webb	South Devon Athletic Club	MV55
442	Craig	Webster	Newquay Road Runners	SM

101	Tracey	Wheaton	Plymstock Road Runners	FV40
191	Mandy	Wheeler	South West Road Runners	FV35
391	Steven	Wherry	Cornwall Athletic Club	MV45
395	Anissia	White		SF
387	Emily	Whitehead		SF
225	Jess	Whitehouse	Teignbridge Trotters Non-Scoring	SF
186	Gillian	Whiting		FV45
279	Sarah	Widnell		FV40
163	Alan	Wilcox	Instinctive Sports	MV45
179	David	Wild		SM
313	Brian	Wiles	Launceston Road Runners	MV65
13	Amy	Wilkinson	Tamar Trotters	SF
36	John	Wilkinson		MV50
202	Mark	Willcocks	UK Net Runner.co.uk	MV45
413	Tom	Willcocks		SM
21	Lisa	Williams	Instinctive Sports	SF
77	Neil	Williams	Plymouth Musketeers	MV40
84	Jennifer	Williams	Instinctive Sports	SF
121	Rosie	Williams		SF
297	Langdon	Williams		MV40
298	Angela	Williams		FV35
60	Michael	Wills	Plymouth Coasters	MV60
122	Kathryn	Wilmot	Plymstock Road Runners	FV40
22	Jade	Wilson	Instinctive Sports	SF
153	Dawn	Wilson	Instinctive Sports	FV45
276	Raymond	Wilson	Torbay Athletic Club	MV60
394	Michelle	Wilton	Plymouth Musketeers	SF
130	John	Windemer	Tavistock Athletic Club	MV60
302	Sean	Wolstenholme		MV45
31	John	Wood		MV50
223	Rachel	Wood	Bere Alston Trekkers	FV40
509	Mark	Wood		MV45
511	Travis	Wood	Teignbridge Trotters	SM
135	Ann	Woodhouse	Tavistock Athletic Club	FV55
299	Tom	Woodman		MV40
367	Tim	Woodward	Launceston Road Runners	MV50
124	Jacki	Woon	Teignbridge Trotters	FV45
204	Paul	Worsfold	Plymstock Road Runners	MV55
205	Linda	Worsfold	Plymstock Road Runners	FV55
49	Mark	Worth		MV45
477	Mark	Wotton	Teignbridge Trotters	MV50
46	Michael	Wright	Hayle Runners	MV60
470	Lucy	Wright	St Austell Running Club	FV35
4	Isobel	Wykes	Truro Running Club	SF
491	Graham	Yarwood		MV65
14	Ami	Yetton	Plymouth Harriers	SF
281	Michael	Young	Plymouth Harriers	MV45