

Summer 5K Series
Saltram Park - Wednesday 8th June

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1	107	Stuart Hall	Tipton	16.43
2	127	Pete Waumsley	Tamar Trotters	17.12
3	108	Neil Holmes	Erme Valley Harriers	17.34
4	425	Neil Mytton	Plymouth Harriers	17.37
5	12	Matthew Brown	Erme Valley Harriers	17.47
6	122	Guy Peterson	Tamar Trotters	18.48
7	428	Pete Moon		18.82
8	450	Marc Course		18.53
9	23	Ami Yetton	Plymouth Harriers	18.59
10	165	Ross Shaddick		19.00
11	56	Mark Rogers	Plymstock Road Runners	19.01
12	126	Kevin Digby		19.08
13	22	Dan Hilton		19.10
14	148	John Crockford	Plymouth Coasters	19.10
15	437	Matt Hall	Plymouth Harriers	19.19
16	426	Will Maton	Tamar Trotters	19.28
17	137	Guy Boswell	Plymouth Musketeers	19.38
18	195	Alison McEwing	Erme Valley Harriers	19.45
19	143	Ian Littlewood	East Cornwall Harriers	19.47
20	191	Colin Castein		19.57
21	435	Ed Varcoe	Plymouth Harriers	19.58
22	440	Andrew Such		20.17
23	6	Jane Allison	Plymouth Harriers	20.22
24	438	Peter Moffat	Tamar Trotters	20.29
25	449	Tom Blackford	Plymouth AC	20.31
26	71	Richard Ayson	Erme Valley Harriers	20.40
27	175	Justin Smith	Plymouth Harriers	20.53
28	65	John Taylor		20.55
29	95	David Eastlake		21.06
30	172	Ian Crossley	Erme Valley Harriers	21.09
31	167	Gareth Peter	Plymstock Road Runners	21.18
32	169	James Lucas		21.21
33	19	Emma Lake		21.26
34	424	Adrian Clark	Plymstock Road Runners	21.40
35	442	Adam Bevins		21.42
36	447	Alice Rogers	Tavistock AC	24.48
37	92	Mark Bricknell	Plymstock Road Runners	21.59
38	159	Matthew Golding	Plymstock Road Runners	22.11
39	161	Graham Biggs		22.12
40	90	Mark Peckings	Roman Gladiators	22.13
41	446	Stephen Blackford	Plymouth AC	22.18
42	452	Thomas Russell		22.20
43	80	Steve Watson	Erme Valley Harriers	22.23
44	168	James Payne	Roman Gladiators	22.31
45	454	Chris Andrews	Plymouth Musketeers	22.33

46	445	Mike Erith	Tavistock AC	22.39
47	64	Richard Morton	Tamar Trotters	23.05
48	433	Nicola Noble		23.19
49	94	Steve Veitch		23.23
50	164	Edward Barnes	UPAC	23.24
51	197	Graham Triplett	Plymstock Road Runners	23.40
52	83	Dan Marks	Erme Valley Harriers	23.42
53	177	Peter Blok		23.49
54	142	Louise Littlewood	East Cornwall Harriers	23.54
55	704	Mark Pearson	Plymouth Musketeers	23.59
56	117	Miranda Burke	Plymouth Harriers	24.06
57	716	D. Dunridge	Plymouth Musketeers	24.14
58	709	Maggie Lewis	Plymouth Musketeers	24.20
59	701	Mark Osborne		24.32
60	444	Kate Rogers	Tavistock AC	24.42
61	427	Jo Humpherys	Plymouth Harriers	24.48
62	184	Roger Harrison		24.49
63	436	Vicky Murphy	Plymouth Harriers	24.50
64	448	Gary Platt	Plymstock Road Runners	24.58
65	136	Sarah Owen	Plymouth Musketeers	24.59
66	166	Tony Ford		25.01
67	55	Roger Lummis	Plymstock Road Runners	25.10
68	434	lee Burkin		25.28
69	713	Susan Darke		25.33
70	100	Hannah Colston	Tavistock AC	25.48
71	705	Russ Maffey		25.58
72	57	Sharon Terry	Erme Valley Harriers	26.08
73	199	George R Barnicott	Plymouth Coasters	26.27
74	157	Nicole Balmer	Plymouth Musketeers	26.29
75	702	Sam Lucas		26.43
76	158	Alan Peter		26.56
77	14	Rebecca Durkin		27.04
78	147	Bryan King	Plymouth Musketeers	27.28
79	439	Jenny Lynch	Plymouth Harriers	27.34
80	70	Max Ayson		27.52
81	154	Sam Goss	Plymouth Musketeers	27.57
82	74	Rose Bralsford		27.58
83	443	Tony Moon		28.18
84	171	Natasha Duncan	Erme Valley Harriers	28.55
85	714	Naso Shemetras		29.03
86	26	Christine McGhee	Plymouth Harriers	29.06
87	193	Donna Burke	Plymouth Musketeers	29.07
88	73	Anna Bush		29.12
89	198	Sean Wrap	Plymstock Road Runners	29.22
90	3	Bob Burton	Plymstock Road Runners	29.24
91	715	Emma Dalton		29.32
92	61	Rosie Williams		29.34
93	196	Joanne Bridge		29.36
94	194	Steve Parnell		29.36
95	24	Pat Tabenor	Plymouth Harriers	29.52

96	441	Lynsey Wilson	Plymouth Musketeers	30.57
97	421	Jemma Steele		31.21
98	453	Pamela Housam		31.28
99	99	Sue Maffey	Plymstock Road Runners	31.36
100	451	Nikki Short	Erme Valley Harriers	32.11
101	712	Sarah Bryant		32.55
102	423	Wendy Pannell		33.01
103	422	Hayley Lee		33.01
104	5	Alan Jones	Plymstock Road Runners	33.08
105	10	Nina Shillabeer	Plymstock Road Runners	33.24
106	707	Vikki Shinn		33.24
107	432	Rachael Glynn		33.31
108	708	Angela Carter		33.34
109	706	Emily Simmons		33.36
110	192	Rachel Collinge		33.47
111	130	Kathryn Gore	Womens Running Network	34.16
112	703	Eleanor Loveday		34.40
113	429	Kery Williams		36.23
114	16	David King	Plymstock Road Runners	36.26
115	37	Jason Hulcoop	Moorhaven Running Club	36.32
116	431	Jade Easton		37.21
117	710	Sarah Bassett		37.26
118	132	John James	Moorhaven Running Club	41.55